





SENSATIONAL FOOD

■ SAVOUR EXCEPTIONAL CUISINE AT CAFÉ DE PARIS MONTE-CARLO AND AMAZONICO ON THE PLACE DU CASINO

The modern and open Place du Casino is the perfect place for a relaxing stroll, and foodies will be delighted with the fare served on the terraces around the square! Starting with the recently transformed <u>Café de Paris</u> which now occupies two floors with its brasserie style and atmosphere. The iconic venue, due to open this autumn now has a spacious rooftop area that's home to a new concept: <u>Amazonico!</u> The restaurant is known around the world for its Latino-Brazilian ambiance and fine Brazilian and Peruvian style cuisine. Packed with exotic charm and jungle motifs, there are also Amazonico outlets in Madrid, London, and Dubai.

■ COMBINE RELAXATION AND GOURMET CUISINE AT THE RESTAURANT LES AMBASSADEURS BY CHRISTOPHE CUSSAC, AT THE HÔTEL MÉTROPOLE MONTECARLO

A veritable gastronomical mecca, the Hôtel Métropole Monte-Carlo represents the pinnacle of fine dining with its three restaurants overseen by top chef Christophe Cussac. With its understated yet chic decor and Nippon-inspired gardens, Yoshi is the only Japanese restaurant on the Côte d'Azur to boast a coveted Michelin star. In an astonishingly gorgeous setting, Odyssey serves southern-style food made with quality seasonal produce and positively bursting with freshness. The Karl Lagerfeld-designed restaurant is open to non-hotel guests during the summer. And the beautiful Belle Epoque hotel now boasts a brand new concept: the restaurant Les Ambassadeurs by Christophe Cussac. The name is a nod to the illustrious history of this establishment during the 1920s, when it was a favourite haunt of aristocrats and diplomats from all over the world. Chef Christophe Cussac's contemporary Mediterranean-style cuisine takes inspiration from his own gastronomical heritage, as a protégé of Joël Robuchon.

■ EMBARK ON A GASTRONOMICAL JOURNEY ACROSS THE CONTINENTS

Some 139 different nationalities rub shoulders in Monaco all year round. The cosmopolitan atmosphere is reflected in the menus of the Principality's restaurants. From April to November, Peruvian culture is the order of the day at <u>Coya Monte-Carlo</u> mixed with delicate Asian gastronomic touches, just a short distance from Jimmy'z and La Salle des Etoiles. Perhaps you'd prefer something from the Land of the Rising Sun? Japanese cuisine is married to perfection with other cultures for a culinary fusion experience that never fails to surprise and delight at <u>Nobu Fairmont Monte-Carlo</u>, serving a blend of Nipponese and South American influences in





a cosy and welcoming atmosphere. And on the subject of winning combinations, Lebanon and the Mediterranean come together to stunning effect at Em Sherif, at the prestigious Hôtel de Paris Monte-Carlo. A subtle voyage of the senses in a cosy atmosphere with unrivalled sea views. Further fusion can be found at the Blue Bay at the Monte-Carlo Bay Hotel & Resort, where double Michelin-starred chef Marcel Ravin has created a menu that wonderfully combines Caribbean and Mediterranean influences.

■ NESTLE BENEATH THE PINE TREES AT THE MÉRIDIEN BEACH PLAZA

Beneath the pine trees overlooking the Mediterranean, the summer restaurant <u>Muse</u> sits alongside the Méridien Beach Plaza's private beach and pool. With a menu inspired by Mediterranean culture and featuring dishes made from the freshest ingredients, a meal at Muse is a special experience, whether for a sunny lunchtime or a chic and festive dinner. Alternatively, relax with a tropical fruit cocktail at the Alang Bar in the style of a traditional Balinese bar, also open during the summer season, in the shade of the alang-alang thatched roof.

■ EAT WITH YOUR TOES IN THE WATER AT THE LARVOTTO SEASIDE COMPLEX

The Larvotto seaside complex, refurbished in 2021, is popular with locals and visitors thanks to its wide beach, shaded promenade, shops and restaurants. If you fancy a refreshing dip under the blue skies of the Riviera and the chance to grab a bit to eat with your toes in the cool water, there are plenty of concepts to choose from. Pick one of the four private beaches at the Marco La Rose des Vents, Neptune, La Note Bleue or the Miami, each with its own unique atmosphere. There's also Giacomo with its Italian specialities, and Sexy Tacos for an authentic taste of Mexico in Monaco!

■ TAKE TIME OUT ON A TERRACE BY THE WATER'S EDGE

Relax on a terrace and share the moment with the ones you love. Now that's the recipe for a great holiday! The Principality is packed with places to kick back and luxuriate. There are so many little havens of peace and quiet, perfect for making the most of the tranquil local life, especially around its two marinas: Port Hercule, with its many different boats from superyachts to smaller cruisers, is home to the <u>Brasserie de Monaco</u>, <u>Old Wild West</u> and the <u>Quai des Artistes</u>, while the Port of Fontvieille is where you'll find traditional local boats moored alongside modern vessels, with <u>La Salière</u>, the <u>Beefbar Monte-Carlo</u>, and the <u>Ship & Castle</u>. Taste local delicacies at La Condamine Market.

How about starting your day the way the locals do it? Join the Monegasques at the Condamine farmers' market for a colourful morning while they think about what to cook later in the day. In addition to the chance to pick up some great produce, the market is the perfect place to meet up, have a spot of lunch, and taste some local delicacies like *barbagiuàn* or *fougasse*. Sitting at the foot of the Rock, in the shade of the Prince's Palace, Place de la Condamine is bustling with cafés and restaurants.





■ Taste outstanding oysters raised in the Principality at Perles de Monte-Carlo

In a region where oyster farms are few and far between, <u>Perles de Monte-Carlo</u> offers the chance to appreciate their quite exceptional Monaco-raised oysters, along with all kinds of other seafood from clams to bream. You'll find them at the end of the breakwater at the Port of Fontvieille, facing the Oceanographic Museum. The experience is unexpected and original, and is well worth checking out!

Regional tip: Take to the sky to seek out the region's finest restaurants

A taste of excellence à la monégasque is also the chance to hop on board a helicopter and take an unforgettable flight for a meal in one of the region's finest restaurants. An unmissable adventure! With its "Héli Castronomie" experience, Héli Air Monaco offers an incredible day starting with a free shuttle from your accommodation to the helipad, a return helicopter flight, and an exceptional meal at a prestigious restaurant, such as the Bastide de Moustiers, at the gateway to the real Provence and Alain Ducasse's home-from-home a short 30 minutes' flying time from Monaco, or Chez Bruno, a pretty traditional Provençal mas where the exquisite truffle is king.





FASCINATING CULTURE

■ MARVEL AT THE WORKS OF IMPRESSIONIST PAINTER CLAUDE MONET AT THE GRIMALDI FORUM

Following the exhibition dedicated to the imagination and creations of Christian Louboutin last year, the Grimaldi Forum Monaco is devoting its 2023 summer season to "Claude Monet in Full Light"! Thanks to a major loan of important works by the Musée Marmottan Monet and the support of international public and private collections, the cultural institution will be displaying around one hundred canvases by the iconic impressionist who, like many artists active in the second half of the 19th century, spent some time on the Côte d'Azur. Enchanted by the Riviera landscapes, Claude Monet produced some forty paintings during this period of his life, including one entitled "La Corniche near Monaco".

■ ENJOY GREAT MUSIC AT THE MONTE-CARLO SUMMER FESTIVAL

In Monaco, the stars are not only to be found on restaurants or in the sky. Every summer, they align in the Principality to offer entertainment and excitement with the unforgettable concerts of the Monte-Carlo Summer Festival Since 1974, some of the world's most famous names have been seen in the prestigious Salle des Etoiles: Frank Sinatra, Céline Dion, Cirque du Soleil, Tina Turner, and more recently John Legend, Jamie Cullum, and Rihanna... In 2023, the Festival will see performances by international stars such as Sting, Mika, and Tarkan, along with 'Michael: The Magic of Michael Jackson', a concert featuring all of the King of Pop's biggest hits. This summer, the Festival is taking over the iconic venues of the Monte-Carlo Société des Bains de Mer including the Sporting (where the festival was first held), the Opéra Garnier, and the new Place du Casino - which will be specially arranged for the occasion as part of the Red Cross Gala.

■ VISIT THE POLAR WORLDS AT THE OCEANOGRAPHIC MUSEUM

For the next two years, the Oceanographic Museum is hosting a huge exhibition tracing more than a century of life in the Arctic and Antarctica: <u>"Polar Mission"</u>. The Museum offers a five-stage immersion, where visitors will be able to meet the great polar explorers, the species which have adapted to life in these regions, the people that have chosen the Far North as their home and the researchers who are advancing science. A highlight of the visit, the 'Immersion' room offers 650 m² of projection space to experience the beauty, as well as the fragility of the polar worlds. A refreshingly cool experience in the summer heat!





■ CELEBRATE THE SUMMER SOLSTICE ON WORLD MUSIC DAY

One of the longest days of the year is also a joyous celebration of music in many countries - and Monaco is no exception! Music is honoured in fitting style all over the Principality. From small open-air concerts in the middle of the city, to more intimate gatherings, to the traditional grand concert held at Port Hercule, there's a whole programme to delight music-lovers in every district of Monaco.

■ ADMIRE THE LIVE PERFORMANCES AT THE UPAINT STREET ART FESTIVAL

Watching a street artist create a masterpiece before your eyes is always an impressive experience - and doing it in the heart of the bustling Principality makes it truly unique! The <u>Upaint</u> festival now takes place on the terraces of the Casino de Monte-Carlo, in a veritable little village dedicated to street art. For three days in June, the best artists will let their imagination run free, in this superb setting overlooking Monaco and Port Hercule. At the end of each festival, artworks are auctioned to raise funds for the Albert II Foundation, which finances sustainable projects to help our planet.

■ SEE THE PLACE DU CASINO TRANSFORMED INTO A HUGE DANCEFLOOR FOR F(Ê)AITES DE LA DANSE

On 8 and 9 July 2023, the Place du Casino will be transformed into a giant dancefloor for the second edition of the dance festival, <u>F(ê)aites de la danse!</u> This popular event held at the start of the summer is the only one of its kind. For 24 hours, the Principality hosts dance performances, open air shows, workshops and lots more besides, with artists from all over the world. Since dance is such an eclectic activity, F(ê)aites de la danse has something for everyone and encompasses every style you can think of, from tango to African dance, from rock to swing jazz, ballet, waltz, and salsa!

■ CELEBRATE THE BEST OF CLASSICAL MUSIC IN THE COUR D'HONNEUR OF THE PRINCE'S PALACE

Every summer, the famous Monte-Carlo Philharmonic Orchestra relocates its prowess to the heart of the <u>Cour d'Honneur of the Prince's Palace</u>, where it stages performances unlike any other. The idea was first born in 1959 and revives an age-old Grimaldi family tradition. The orchestra gathers between the two flights of the seventeenth-century staircase, and the magic is instant. Classical music and the Prince's Palace come together, each enhancing the magnificence of the other...





■ DISCOVER THE BEST OF CONTEMPORARY ART IN THE PRINCIPALITY

The Principality is home to a thriving art market. With international art galleries establishing bases in Monaco, the return of the auction houses, and its image as a cosmopolitan nation, the Principality is an important destination in many ways. It is the setting for two major annual contemporary art and design fairs, <u>art-montecarlo</u> in July and <u>Art3f</u> in August, both of which are open to all and honour the very best contemporary art.

■ CATCH A MOVIE UNDER THE STARS

Throughout the summer, the <u>Open Air Cinema</u> screens movies outdoors to the delight of cinephiles. In a magnificent yet unusual location, at the end of a wooded garden just a short distance from the terraces of Monaco's prison, the open-air cinema is perfect for fun summer evenings with 500 seats, a giant screen of over 200 m², an enchanting setting, and all films shown in their original versions!

■ WATCH LIVE OPEN-AIR PERFORMANCES AT THE FORT ANTOINE THEATRE

A former fortress originally constructed in the early 18th century, this extraordinary site was destroyed in 1944 and rebuilt in 1953 at the initiative of Prince Rainier III, to the delight of locals and visitors of all ages! Every summer, the <u>Fort Antoine Theatre</u> overlooking Port Hercule hosts a series of dramatic and artistic performances. From the circus arts and singing to music and theatre, the events take place throughout the month of July in a magical setting, under the stars, facing the Mediterranean.

■ WATCH THE CHANGING OF THE GUARD OUTSIDE THE PRINCE'S PALACE

Head to the Place du Palais for one of the Principality's must-see experiences! At 11.55 am every day, the Palace Guards perform the traditional <u>Changing of the Guard</u> ceremony, a wonderful insight into the Principality's centuries-old history.

■ Spend a night at the museum with the Metropole Monte-Carlo

With its <u>Just For You</u> programme, the Métropole Monte-Carlo promises a unique cultural adventure: the chance to spend a night at the museum! The intimate secrets of the Oceanographic Museum are brought to light by the simple magic of a flashlight in this exclusive tour of the Temple of the Sea... An unforgettable experience!





Regional tip: Discover the unique character of the villages of the Riviera

Nestling between the sea and the mountains, the villages of the Côte d'Azur boast a harmonious blend of art and culture in a landscape of outstanding beauty. From Eze, a medieval village perched on a rocky outcrop, to the artists' mecca Saint-Paul de Vence, to Sainte-Agnès, the highest coastal village in Europe, or Gourdon, frequently named among France's most stunning villages... The region is brimming with jewels to be discovered.





AMAZING ENTERTAINMENT

■ Rub shoulders with the stars in the Amber Lounge during the Monaco Grand Prix

The Monaco Grand Prix is one of the Principality's unmissable events, offering the chance to experience the thrill of the race during the day and incredible nightlife when the sun goes down. One of the most famous places to be is the Amber Lounge. A favourite with VIP clientele - and most of the Formula One drivers - the Amber Lounge promises three exclusive and unique nights of brilliant entertainment.

■ EXPERIENCE THE UNRIVALLED ATMOSPHERE OF THE CLUB LA VIGIE AND NIKKI BEACH SUMMER BEACH CLUBS

Intimate bungalows, party atmosphere, picture postcard setting beside the azure blue sea... The new Club La Vigie has everything you need for a summer of fun and glamour. This elegant private club offers the perfect setting for regulars and newcomers to relax by the Mediterranean in style. The Nikki Beach is another venue that truly hits the heights. Literally, in this case, as this summer beach club is located on the roof of the prestigious Hôtel Fairmont Monte-Carlo, where guests can party by the pool while enjoying the magnificent sea views.

■ PARTY THE NIGHT AWAY AT EXCEPTIONAL VENUES

The Principality is home to some of the most exclusive venues in the world, ensuring a unique nightlife experience. Launched by Flavio Briatore, the <u>Twiga Monte-Carlo</u> is an essential Monegasque night spot with a fantastic location facing in the Mediterranean. Nearby on the famous Avenue Princesse Grace, <u>Jimmy'z Monte-Carlo</u> is a prestige club that's hugely popular with international visitors. With breathtaking sea views, the <u>Blue Gin</u> at the Monte-Carlo Bay Hotel & Resort is one Monaco's most essential lounge bars. And the recently opened Maona Monte-Carlo is a new concept that aims to bring back the legendary jet-set party nights of the 60s and 70s. Maona, whose name is a portmanteau of Maria and Onassis, better known as the iconic couple Aristotle Onassis and the famous opera singer Maria Callas, offers a vibrant atmosphere with live DJ sets, in a sumptuous setting overlooking the Mediterranean.





■ SOAK UP THE NIGHTLIFE AT PORT HERCULE

At the heart of the Principality, Port Hercule is a hub of Monegasque nightlife. From the <u>Brasserie</u> where you can taste Monaco beer brewed on site, to <u>Jack</u> and its warm and lively atmosphere, via the legendary <u>La Rascasse</u> with acoustic and DJ sets, the bars around the marina are overflowing with enough entertainment to ensure a great night for visitors and locals alike!

■ FACE THE MUSIC AT MOODS

It's a classic venue, but anyone born in the last decade won't know it. After a ten-year hiatus, Monte-Carlo Société des Bains de Mer has confirmed that the iconic Moods is set to re-open! Great news for music lovers, in particular. This new venue near the Place du Casino will feature great live performances by a multitude of different artists.

Regional tip: Experience the many festivals of the Riviera

The Côte d'Azur is well known for the major events that take place in the region, and it is also home to numerous <u>festivals!</u> When the warm summer nights arrive, the French Riviera is the place to be for a night of musical entertainment, whatever your taste. From the Nuits Carrées in Antibes to the Arènes de Cimiez and the Nice Jazz Festival, from electronic beach festivals to the famous Bal des Fous in Cannes, the region boasts a host of unmissable musical celebrations like nowhere else!





ROMANTIC BREAKS

■ SPEND THE NIGHT OF YOUR DREAMS AT THE HÔTEL DE PARIS MONTE-CARLO

A stay in the Principality always promises unforgettable moments... Nowhere more so than at the majestic <u>Hôtel de Paris Monte-Carlo</u> with its unparalleled refinement and luxury. Sublime panoramas, elegant decor, the exceptional Princess Grace Diamond Suite and Prince Rainier III Diamond Suit await you for the most unforgettable experience. Lean on the balcony and drink in the historic beauty of the Place du Casino, surrounded by the world-renowned Casino de Monte-Carlo and the no-less famous Café de Paris.

■ SHARE THE EMOTION IN THE DIAMOND SUITE AT THE HÔTEL HERMITAGE MONTE-CARLO

Just a few yards from the Place du Casino, the Hôtel Hermitage Monte-Carlo invites guests to share intimate and precious moments in a luxuriously light and space suite with a poetic touch. With its sun-kissed terrace and private jacuzzi commanding incredible views of the Rock and the Prince's Palace, the <u>Diamond Suite</u> at the Hôtel des Connaisseurs is the perfect setting to make unforgettable memories...

■ LUXURIATE IN THE CARRÉ D'OR SUITE AT THE MÉTROPOLE MONTE-CARLO

Every stay in Monaco begins with a special moment to savour: the one where you arrive in your hotel room, drop your luggage, and start to marvel. It's an experience that's guaranteed at the Métropole Monte-Carlo, where the prestigious <u>Carré d'Or Suite</u> designed by Jacques Garcia has a vast balcony with sumptuous views over the Mediterranean, the Casino de Monte-Carlo, the square and the gardens. Carré d'Or literally means 'golden square', a fitting name for a place that will ensure your stay is priceless.

■ ENJOY THE PEACE AND QUIET OF THE PRIVATE BEACH AT THE MERIDIEN BEACH PLAZA

For some great couple bonding time, the <u>Méridien Beach Plaza</u> offers unique experiences on its exclusive private beach. On a lounger or comfortably seated at the Alang Bar, a Balinese-style bar with a thatched roof, the seaside atmosphere is an invitation to relax under the azure sky.





■ LIVE THE MOMENT WITH A COCOON BAY AT THE MONTE-CARLO BAY HOTEL & RESORT

A Bali-style bed by the hotel's sandy-bottomed lagoon, with the Mediterranean providing a breathtaking backdrop... the <u>Cocoon Bays</u> are the perfect way to enjoy the moment in peace and tranquillity at the heart of the Monte-Carlo Bay Hotel & Resort, all accompanied by a wellness cocktail. Bask in the warm Riviera summer without a care in the world!

■ SAVOUR A UNIQUE EXPERIENCE WITH THE FROM METROPOLE WITH LOVE PROGRAMME

The Hotel Metropole Monte-Carlo offers a selection of fantastic activities to help you create some unforgettable memories with your loved one, such as the From Metropole with Love package. A private tour of the Casino de Monte-Carlo, a helicopter flight over Monaco, lunch at the Michelin-starred Yoshi restaurant, an Aston Martin road trip, and a couple's massage in your own room followed by a candlelit dinner. In between these timeless experiences, head over to check out the Casino and its gaming tables by night. To commiserate your losses or celebrate your wins at the roulette table, champagne and rose petals will be waiting for you on your return to the hotel... And because the hotel has thought of absolutely everything – a tuxedo for him and an evening dress for her will also be provided!

■ Take the plunge and tie the knot!

For couples dreaming of a very different kind of wedding ceremony right here in the Principality, free diver and quadruple world record holder, Pierre Frolla promises a real once-in-a-lifetime experience at the Larvotto seaside complex... beneath the waves! The ceremony takes place in a beautifully themed underwater setting with amphorae and altar, and continues back on dry land with cocktails on the beach, followed by a sumptuous lunch on the sands. Surely the most memorable start to married life!

■ Wander among the fragrances of the Princess Grace Rose Garden

"Every woman is an eternal rose in this world"... this was undoubtedly the founding maxim behind the <u>Princess Grace Rose Garden</u>, opened by Prince Rainier III in 1984 as a tribute to his wife, Grace Kelly. The garden, which can be found in the landscaped park of Fontvieille, houses some 315 varieties of rose, chosen personally by the Sovereign.





Regional tip: Awaken your senses at the Fragonard perfume factory in Grasse

A stay on the Côte d'Azur is also a wonderful chance to head a little way inland and discover the beautiful flower-covered hills of Grasse. The town is known as the world's perfume capital, and is home to the historic <u>Fragonard</u> perfume factory, which is open to visitors. Take part in the "apprentice perfumer" olfactory workshop and create your very own fragrance! A captivating sensory experience that's the perfect activity for two!





FAMILY FUN

■ ROAM THE PARKS AND GARDENS OF THE PRINCIPALITY

There are a plethora of green spaces scattered here and there around the Principality just waiting to be discovered. From the Saint-Martin and Fort Antoine gardens in Monaco's Old Town, to the Jardins de la Petite Afrique and the Jardins des Boulingrins in Monte-Carlo, and Princess Antoinette Park, the Exotic Garden, Fontvieille landscaped park, or the Japanese Garden, more than 20% of Monaco is covered with lush greenery. Many of the parks and gardens have children's play areas, so the little ones can have fun while you relax!

■ ADMIRE THE FIREWORKS AT PORT HERCULE

Seeing the children's eyes light up as the fireworks fly skyward is an unmissable summer experience! In recent years, two of the finest firework displays to be found on the Riviera have been held in July and August off Port Hercule. In addition to the pyrotechnics, there are all kinds of activities and entertainments for the whole family to enjoy.

■ ATTEND A SUMMER CARNIVAL PARADE

In Monaco, the carnival is a summer activity. Now one of the highlights of the summer season, <u>U Sciaratu</u> - which means "uproar" in Monegasque, is a vibrant event full of colour and life. The carnival takes over the streets of the Old Town for a popular festival that includes parades of floats, street entertainers, marching bands, and more, all between the Place de la Mairie and the Place du Palais!

■ Make the most of the summer facilities at Port Hercule

Every summer, Port Hercule is a bustling hive of activity in Monaco throughout the months of July and August. You'll find sporting and fun attractions for all ages, shaded areas with greenery to relax, and stands selling welcome refreshments, all in the very centre of the Principality. Perfect for a family day out!

■ SEE LARGE MARINE MAMMALS OFF THE COAST OF THE PRINCIPALITY

While in the Principality, take the opportunity to fulfil a dream and sail out to see large marine mammals in their natural habitats Sustainable Whale Watching Monaco offers the chance to observe whales, fin whales, sperm whales, and other species, in the Pelagos sanctuary. An unexpected experience in Monegasque waters, and a chance to discover the incredible natural wonders found off the coast of the Principality.





■ Take a trip in the Principality with the tourist trains and buses

The <u>Monaco Tours</u> tourist train is a fun and educational way to explore the Principality. The route takes passengers on a unique thirty to forty-minute tour of Monaco's best sites. For families looking to discover the Principality in total freedom, Monaco Le Grand Tour is a double-decker bus that visits all the main places of interest in the Principality, and offers a hop-on/hop-off option that lets you come and go as you please!

■ GIVE THE KIDS SOMETHING TO SMILE ABOUT

The Columbus Monte-Carlo has something for all ages! In July and August, the hotel in the Fontvieille district promises unforgettable family holidays with its <u>Kids Club</u>, providing a whole host of fun activities and even serving a home-made afternoon snack straight to your room! At the Hermitage Monte-Carlo, the hotel and the Maison Bonpoint have joined forces to develop a programme designed especially for younger visitors! From natural cosmetics to a kids' room, quality entertainments and activities... all the ingredients are there to ensure that <u>Very Important Kids</u> have an incredible time!

■ FEEL LIKE A FISH IN WATER IN ONE OF MONACO'S SWIMMING POOLS

Open all summer, the <u>Rainier-III Nautical Stadium</u> is an aquatic complex in the heart of Port Hercule. The Olympic-sized outdoor pool is filled with treated saltwater heated to a comfortable 27°C, and also has slides and diving boards. There is also a seasonal pool for children at the Novotel Monte-Carlo. The <u>Monte-Carlo Bay Hotel & Resort</u> boasts an exceptional sandy-bottomed lagoon, while there is another children's pool to be found at the Monte-Carlo Beach.

Regional tip: Experience something different in the Îles de Lérins

The <u>Îles de Lérins</u> archipelago is home to stunning preserved natural, historic, and cultural heritage. A short boat ride from the coast, the idyllic island's undeveloped, untamed environment offers a different kind of experience. The 152 hectares of State-owned woodland on the isle of Sainte-Marguerite, its bird reserve, and its numerous protected creeks will delight visitors of all ages. Its nearby sister island, Saint-Honorat, is wilder but no less astonishing and is outstandingly beautiful with its 5th century Cistercian abbey.





PERFECT INDULGENCE

■ ENJOY A LITTLE WINDOW SHOPPING AROUND THE PLACE DU CASINO

It's said a little window shopping can do wonders for your mood... Why not test the theory at the <u>One Monte-Carlo</u>, the prestige district at the heart of the Carré d'Or! The biggest luxury brands are all to be found here in this exclusive, fully pedestrianised precinct between the Hôtel Hermitage Monte-Carlo and Place du Casino. With designer clothes, hair spa, wellness, and the luxury jewellers' patio inside the Hôtel de Paris Monte-Carlo, there are all the ingredients to make your shopping experience truly unique! And as if that were not enough, just a few yards away, the Avenue de Monte-Carlo is brimming with big name boutiques where you can pick up creations by the world's top designers, all overlooking the Mediterranean and the Terrasses du Casino.

■ FALL IN LOVE WITH THE LARVOTTO SEASIDE COMPLEX

The Larvotto seaside complex has it all: the beautiful blue sea, public and private beaches, a shaded promenade. But there's more too! With vintage decor and jewellery, beach items and even interior design wares, Larvotto has numerous facets to discover for a unique seafront shopping experience!

■ DISCOVER THE SHOPS OF THE CONDAMINE DISTRICT

The district of La Condamine is home to numerous shops and boutiques. Explore the calm streets, with their colourful houses dating from the last century. From the charming Rue de Millo to the pleasant and entirely pedestrianised Rue Caroline, to Promenade Honoré-II, with 200 market stalls selling a wide variety of goods. You'll find quality, conviviality, and authenticity in La Condamine!

■ LEARN ABOUT THE SAVOIR-FAIRE OF THE TRADERS ON THE ROCK OF MONACO

Monaco's Old Town is not only the best place in the city to buy souvenirs and other items to take home for family and friends, but it's also home to a number of shops with some very special savoir-faire! Starting with Les Pierres du Rocher, a shop specialising in lithotherapy that sells natural stones and original gift ideas. At the end of a typical street, La Boutique du Rocher is the official store of the Princess Grace Foundation. There you'll find a selection of handmade infant clothing and household linens. If you'd like to take home something to remember the Principality by, visit the high-end grocer's La Maison du Limoncello and pick up a bottle of their famous home-made citrus drinks!





■ ENJOY A BESPOKE SHOPPING EXPERIENCE WITH THE HÔTEL MÉTROPOLE MONTE CARLO

At the Hôtel Métropole Monte-Carlo, you can indulge in a personalised designer shopping experience created just for you, with the <u>VIP star programme!</u> In addition to luxury accommodations, the Hotel offers the chance to spend a morning, afternoon or even a whole day in the company of your own personal shopper, who will guide you to the most famous fashion boutiques in the Principality. Round off your unforgettable shopping trip by pampering yourself at a prestigious Monegasque hair salon or a get a relaxing treatment at the <u>Spa</u> Métropole by Givenchy.

Regional tip: Experience a taste of Italy in Sanremo

A charming seaside resort on the Ligurian coast, Sanremo is home to numerous luxury boutiques and is an ideal place to visit for fans of Italian fashion. Every Tuesday and Saturday morning, the City of Flowers, as Sanremo is known, blossoms with a multitude of colourful, typically Mediterranean market stands selling leather goods and genuine Italian-made items. All within a 45-minute drive of the Principality.





TOP-CLASS SPORT

■ SEE THE WORLD'S BEST TENNIS PLAYERS AT THE ROLEX MONTE-CARLO MASTERS

Every April, the top players on planet tennis come together in the unique surroundings of the Monte-Carlo Country Club. The first ATP Masters 1000 tournament of the season to be played on clay, the Rolex Monte-Carlo Masters sees the cream of the crop compete at the most prestigious of locations, with sweeping views of the Mediterranean. A chance to experience sporting thrills in the most exclusive setting!

■ EXPERIENCE THE THRILLING SIGHT AND SOUND OF MOTOR RACING IN THE PRINCIPALITY!

Between late April and the end of May, Monaco goes into motor racing mode! The love affair between the Principality and motor sport is almost a century old. Every year, the eyes of the world focus on this corner of the Mediterranean for the legendary Monaco Grand Prix. An iconic circuit that is now also the setting for the electric cars of the Formula E Championship. And every two years, past, present and future all converge here in the streets of Monaco with the truly unique Grand Prix Historique. Three <u>Grands Prix</u>, three times the action, three times the excitement!

■ SADDLE UP FOR THE JUMPING INTERNATIONAL MONTE-CARLO

At the start of the summer, Monaco echoes to the sound of hoofbeats! Between the superyachts at Port Hercule and the Prince's Palace, the Monegasque stage of the Longines Global Champions Tour takes place in a dream setting, and features the world's elite showjumpers for guaranteed excitement. The finest riders in the world competing at a unique venue: this is the <u>Jumping International Monte-Carlo!</u>

■ GET ON YOUR MARKS FOR THE HERCULIS EBS ATHLETICS MEETING

Every July, the Principality is in the starting-blocks with the <u>Herculis EBS international athletics</u> <u>meeting!</u> Olympic champions, world champions, and national champions come together to compete for glory under the famous arches of the Stade Louis-II. Held in Monaco for 35 years now, the competition is one of the most hotly anticipated dated on the Diamond League calendar, and often witnesses truly memorable performances and contests.

■ MARVEL AT THE STUNNING BOATS DURING MONACO CLASSIC WEEK - LA BELLE CLASSE





Every two years in September, sport, performance and art de vivre combine in the waters off the Principality during the prestigious Monaco Classic Week – La Belle Classe. The world's first meeting for both sailing and motorboats, this biennial event is the only one of its kind to bring together the most beautiful traditional sailing boats, with vintage motor-yachts and old motorboats. A voyage through time and a celebration of the elegance of sailing!

■ TRY YOUR HAND AT WATER SPORTS AT THE MONTE-CARLO BEACH

It's the summer, and that means fun in the water with tubing and water skiing! The <u>nautical</u> <u>base at the Monte-Carlo Beach</u> invites everyone to take to the water with a selection of activities for all, whether you're sporty or in search of a more gentle activity. With parasailing and wakesurfing, sonar and fly fishing, there's plenty of choice to ensure a fun-packed summer on the waves.

■ STAY IN THE CHAMPIONS' SUITES

1029... is the number of the <u>Nadal Suite</u> at the Monte-Carlo Bay Hotel & Resort, where you can spend an even more unforgettable stay! The sea-facing room, which Rafael Nadal himself chose when staying in the Principality, is designed in the tennis legend's own image - elegant, understated, inspiring - and decorated with items from the champion's illustrious career. 3002... is the number of the <u>Senna Suite</u> at the Fairmont Monte-Carlo, named in tribute to the three-time Formula One world champion and six-time winner of the Monaco Grand Prix. The suite, which contains original and certified items from the career of the late, great Brazilian driver, naturally overlooks the circuit's famous hairpin bend, for a complete experience.

■ DIVE INTO THE OLYMPIC POOL AT THE MONTE-CARLO BEACH

You'll find an <u>Olympic-sized swimming pool</u> in an exceptional setting at the Monte-Carlo Beach. Heated to 27°C, ozone-filtered, and with two diving platforms for the more acrobatically minded, the pool is perfect for everyone, even the very youngest budding swimmers with its separate paddling pool!

■ CHEER ON AS MONACO AT THE STADE LOUIS-II

The Stade Louis-II with its distinctive architecture houses a variety of sporting facilities and is the home venue for two top-class sports clubs. <u>AS Monaco Football Club</u>, one of the biggest clubs in the league and a regular title contender, has hosted some classic nights of elite European football. Whether you opt for a seat in the "legends' box", the "Munegu Family" stand, or behind one of the goals, locals and visitors can support the club come rain or shine. And in recent years, the Roca Team have experienced a hugely successful revival that now sees them competing for glory! A historic club, <u>AS Monaco Basket</u> are once again thrilling spectators at





their home in the fully renovated Salle Gaston-Médecin. There is always a great atmosphere and a big crowd to see one of the top teams in Europe.

■ EXERCISE BY THE SEA WITH THE MOVAMOVE SMART FITNESS STATIONS

In Monaco, you can keep in shape to the sound of the waves gently breaking with two outdoor <u>smart fitness stations</u>, on Casiraghi esplanade at Port Hercule, the other on the Fontvieille breakwater. These solar-powered, autonomous and completely free areas, designed by former French rugby international Sébastien Chabal, come with suggested training sessions, for the chance to work up a sweat in a truly unique setting!

Regional tip: Wind along the roads of the Côte d'Azur at the wheel of a supercar

Of the many ways to discover the French Riviera, driving along the winding coastal roads at the wheel of a supercar - perhaps a Ferrari F458 Italia, a Lamborghini Gallardo, or a Ferrari California T - is one of the most iconic. For driver and passenger, the supercar experience is all the memorable for exploring the heart of a breathtakingly beautiful region, from the roads of the Nice hinterland to the village of Eze, and on to the Principality!





72-HOUR ITINERARY

Spring/Summer



ARRIVAL IN MONACO

A gorgeous season in the Principality, with its blossoming parks and gardens, shady terraces for fine dining, outstanding locations by the sea where you can relax to the sound of the waves... Monaco's way of life is reflected in its experiences, each more unique than the last.

MORNING

What better way to begin your visit to Monaco than in one of its most authentic locations? When the weather is fine, La Condamine market shows off its prettiest colours and its tastiest flavours! One of the beating hearts of the Principality, the market is worth a detour to enjoy some local dishes such as *barbagiuàn* or *fougasse*, stroll past the colourful outdoor market to take in the scent of the flowers, fruits and vegetables or linger at one of the café terraces dotted everywhere. This is truly the place to be if you want to soak up local life!

Once you've got a feel for the locals, head to Monaco-Ville via the Rampe Major stairs. The Oceanographic Museum is located on the Rocher and looms over the Mediterranean like a guardian. Opened in 1910, the Museum features an exhibition entitled "Polar Mission", tracing more than a century of life in the Arctic and Antarctica. The Museum offers a five-stage immersion, where visitors will be able to meet the great polar explorers, the species which have adapted to life in these regions, the people that have chosen the Far North as their home and the researchers who are advancing science. A highlight of the visit, the Immersion room offers 650 m² of projection space to experience the beauty, as well as the fragility of the polar worlds.

As you leave the Museum, allow yourself to be transported by the beauty of Monaco-Ville, with its shady St Barbara and St Martin gardens overlooking the sea, its picturesque alle 2 ys and its breathtaking panoramas.





■ MIDDAY

The ritual is unchanging and the spectacle is as memorable as it is renowned. At precisely 11.55 am every day on the Place du Palais, the Palace Guards perform the Changing of the Guard: a wonderful insight into the Principality's centuries-old history.

Behind the famous Guard stands the Prince's Palace, whose State Apartments can be visited from April to October. In addition, visitors can admire the Italian Renaissance frescoes in the Throne Room, the uncovering of which was one of the greatest painting restoration projects in Europe!

For lunch, head straight to the roof of the Fairmont Monte-Carlo Hotel, the Horizon Rooftop. Nestled between sea and sky, overlooking the blue waves, the restaurant is a feast for the senses, featuring Mediterranean cuisine. One of the Principality's best kept secrets, right in the heart of Monaco just a few steps away from the Casino de Monte-Carlo...

■ AFTERNOON

In Monaco, the warmer months bring the ability to relax in some stunning settings. The Principality's hotels are proactive when it comes to relaxation, with each unveiling its own unique sanctuary. Summer tranquillity finds a home at the Meridien Beach Plaza, with its private beach, two swimming pools and the Alang Bar, a traditional Balinese bar with a natural thatch roof and tropical fruit cocktails. The same sensations can easily be found at the Monte-Carlo Bay Hotel and Resort, too. Allow yourselves to be lulled by the intimate and exotic ambiance of the gardens, where waterfalls, sunbathing areas, a swimming pool and a turquoise lagoon are spread over four hectares – a fantastic place for a stroll with the sand beneath your feet. If you fancy sipping a cocktail while trailing your toes in the water amid this unique world of plants, head to L'Hippocampe, the ultimate place to relax. And to extend this indulgent experience, the hotel offers guests the opportunity to curl up on a Balinese-style bed with white drapes in the Cocoon Bay area. A guaranteed escape in an idyllic setting. Nestled on the roof of the Fairmont Monte-Carlo, the Nikki Beach offers fun and relaxation in a stunning setting around a swimming pool overlooking the Mediterranean.

After taking a few moments to relax, it's time to explore Larvotto. With its shaded promenade, its eclectic shops and its beach, the resort complex is the perfect place to conclude a summer's day as the last of the light fades away. Why not take advantage of this hour to enjoy an aperitif with the sand between your toes? Choose from one of four private beaches at Marco La Rose des Vents, Neptune, Note Bleue, Miami Plage or the Giacomo restaurant.

EVENING

Open from April to October, the Coya Monte-Carlo offers an experience that is the very essence of summer evenings and dining with a Latin American feel. Traditional Peruvian dishes





prepared using Japanese, Chinese and Spanish techniques, works of art on the walls and tribal beats – this Mediterranean-facing venue will sweep you away on a multisensory journey.

Night owls will flock to the Principality's high-end establishments, from Jimmy'z, the legendary temple of clubbing, to Twiga, the must-visit Monaco nightlife spot.



MORNING

After breakfast at the hotel by the Mediterranean in the early morning sunshine, your second day begins with a little time to relax by the water. Heated to 27°C and ozone filtered, the Monte-Carlo Beach Olympic swimming pool is the perfect place to chill. Those with more energy can head for the hotel's green base to enjoy some eco-friendly water sports: from paddleboarding to pedal boating to sea canoeing, there are lots of options available.

The sandy lagoon at the Monte-Carlo Bay Hotel & Resort is equally conducive to lazy mornings. A true slice of paradise!

■ MIDDAY

The Principality is home to a wealth of gourmet gems tucked away from the summer hustle and bustle. The Meridien Beach Plaza welcomes customers to the Muse Restaurant on a seafacing terrace sheltered beneath the pines. The summer menu draws inspiration from Mediterranean culture to offer diners a delightful lunch. The naturally authentic fine-dining Elsa restaurant at the Monte-Carlo Beach has unveiled a sustainable menu by chef Mélanie Serra, inspired by the changing seasons, local produce and short supply chains. An intimate venue featuring elegant, timeless decor by architect India Mahdavi. The Blue Bay at the Monte-Carlo Bay Hotel & Resort offers a bold culinary voyage thanks to two-Michelin-star chef Marcel Ravin. Its fusion of Caribbean and Mediterranean flavours will thrill the taste buds of food lovers as they enjoy a sea view from the restaurant's panoramic terrace.

AFTERNOON

After lunch, nothing beats a short postprandial stroll towards the Grimaldi Forum to take in this summer's exhibition event: "Claude Monet in Full Light". Following last year's exhibition about the work and imagination of Christian Louboutin, the cultural venue is devoting this summer to the iconic impressionist artist, with a hundred paintings on display, showcasing the work of Claude Monet who spent time on the French Riviera.





Continue the afternoon in the spirit of the land of the rising sun with a wander through the Japanese Garden. A stylised reproduction of Japanese nature featuring a waterfall, pools, a stream and even some koi carp, the garden is a work of art designed in accordance with zen principles. A pure moment of relaxation in the very heart of the Principality before heading off to One Monte-Carlo, which offers the perfect opportunity to enjoy some stress-free shopping in the Carré d'Or district. This exclusive, fully pedestrianised area, ideally located between the Hotel Hermitage Monte-Carlo and Place du Casino, brings together the leading luxury brands.

Place du Casino is a great place for a saunter before finding yourself a table at the Café de Paris, a unique place to enjoy an aperitif in the sunshine, in view of the legendary Belle Epoque architecture of the Casino and the facade of the iconic Hotel de Paris Monte-Carlo. And don't miss the chance to meander through the surrounding areas of lush greenery between the Casino gardens and the exotic "Petite Afrique" (Little Africa) garden.

EVENING

Ready for an incredible evening?

Every summer, the famous Monte-Carlo Philharmonic Orchestra relocates its prowess to the heart of the Royal Courtyard at the Prince's Palace, where it stages truly extraordinary performances. The idea was first born in 1959 and revives an age-old Grimaldi family tradition. 9.30 pm... The orchestra gathers between the two flights of the seventeenth-century double staircase, and the magic is instant. When classical music and the Prince's Palace come together, each enhancing the magnificence of the other...

For the ultimate way to set off these timeless experiences, extend your evening and check out the Casino and its gaming tables by night.



MORNING

Head out to sea with Sustainable Whale Watching Monaco! An unexpected – to say the least! – experience awaits in Monaco's waters. Led by certified professionals, you'll have the chance to discover the large marine mammals of the Pelagos Sanctuary, a maritime area that is the subject of an agreement between Monaco, France and Italy to protect animals. Sperm whales, Risso's dolphins, fin whales and many other species can be spotted from on board your boat, staffed by a tour guide and a licensed professional skipper.





■ MIDDAY

Your day by the Mediterranean continues with a break for lunch as you dangle your feet in the water! At Fontvieille Port, you'll find a somewhat original spot. In a region that is not known for its profusion of oyster farms, Les Perles de Monte-Carlo offers a really simple way to appreciate the incredible oysters farmed in Monaco as well as all sorts of other seafood, from clams to bream, which you can enjoy on the spot or take away with you!

■ AFTERNOON

In the afternoon, the Fontvieille district reveals its fragrant delights and thousands of blooms, as scintillating as their perfume, in the Princess Grace Rose Garden. Opened in 1984 by Prince Rainier III as a tribute to his wife, the Builder Prince personally selected the garden's 315 varieties at that time. Peace, calm and wonder are guaranteed!

After a short break at the hotel, head for Club La Vigie Monte-Carlo. Intimate bungalows – rechristened Love Nests – sheltering beneath the pines, a party vibe, a postcard-perfect backdrop featuring a clear blue sea... the brand new daytime summer beach club unveils all it has to offer for some unique moments blending glamour and escapism, party afternoons and a buzzing atmosphere!

EVENING

Those who want to keep the party going alongside the water can make use of the shuttle service provided to facilitate access to the Maona Monte-Carlo by sea. Forming its name from a contraction of Maria and Onassis, representing the couple that was the great singer Maria Callas and Aristotle Onassis, Maona, the new summer concept from the Monte-Carlo Société des Bains de Mer, brings back the atmosphere of the legendary evenings enjoyed by the jet set on the French Riviera in the 1960s and 70s. This open-air summer cabaret showcases live music, featuring DJ sets, a pianist and a diva against a retro-styled backdrop! With its family recipes typical of the region, the menu elevates the classics of local cuisine.

For a fabulous conclusion to this quite simply unforgettable evening, spend some time under the stars... And these stars are not just to be found in the sky or in the Principality's restaurants. They also align by the sea in Monaco, offering entertainment and excitement each summer with the unforgettable concerts of the Monte-Carlo Summer Festival. The world's biggest stars have been performing at the Salle des Etoiles since 1974, including Frank Sinatra, Céline Dion, Cirque du Soleil, Tina Turner and more recently John Legend, Jamie Cullum and Rihanna...

The 2023 Festival will feature performances from international stars such as Sting, Mika, Tarkan and *Michael The Magic of Michael Jackson*, a concert bringing together all of the king of pop's greatest hits. During summer, the Festival takes over the iconic Monte-Carlo Société





des Bains de Mer locations: the Sporting – where it all began – but also the Opera Garnier and Place de Casino, which is set up for the occasion as part of the traditional Red Cross Gala.

For more inspiration, head directly to the websites of the Principality's hotels!

Monte-Carlo Société des Bains de Mer

Métropole Monte-Carlo

Fairmont Monte-Carlo

Méridien Beach Plaza

Columbus Monte-Carlo

Novotel Monte-Carlo