

GETAWAY MONACO 2022

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visit
MONACO





Getaway ideas in Monaco

A romantic break, moments of pure relaxation, culinary delights, a prestige shopping trip.... Experience all of this and much more in Monaco, whether you come for a weekend, or opt to stay a few days longer.

A stay in the Principality is the perfect choice for a unique, truly memorable getaway in a destination like no other. There are so many unforgettable experiences to savour, from moments of pure wellbeing in the finest spas, to sumptuous dishes prepared by Michelin starred chefs the most luxurious hotel suites, and even helicopter rides to admire it all from the air. Truly, a getaway in Monaco promises magical moments.

Whether you come as a couple, with family, or friends, our little Mediterranean paradise is the ideal place to live the moment to the full. Relax and enjoy. And in these times when pure hedonism is becoming harder to find, the Principality invites you to treat yourself with all kinds of unmissable events, from the biggest international sports meetings, to unique cultural highlights.

While Monaco is a destination synonymous with excellence, it is also committed to sustainability and accessibility. 20% of its territory is covered by green spaces, its prestige hotels are eco-certified, soft mobility is widely available, and its marine reserves are veritable hubs of biodiversity. The Principality is adopting solutions for today and for the future. For over a century, nestled between the Alps and the Mediterranean Sea, Monaco has been a symbol of luxury and glamour, known for its safe and peaceful atmosphere, constantly re-inventing itself while preserving its distinctive identity. And if the Principality has so much to offer, it's because we know how to be the perfect hosts. That's what makes it the perfect destination for the getaway of your dreams!



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Delight For You

Staying in Monaco means choosing an exceptional destination where everyone can have a unique and memorable experience. For more than a century, this human scale country has been a symbol of luxury and glamour and renowned for its safety but it has always reinvented itself while making sure to preserve its own identity.

Prestigious hotels, high-end spas, private beaches and water activities, cocktails by the sea, strolling around shopping or walking in green scenery: a stay in Monaco is always the promise of unforgettable moments at the heart of a destination full of magic, where it seems that time stands still

As a couple, a family or friends, this genuine Mediterranean corner of paradise is the ideal place to enjoy the life to the full and have fun in complete peace. Monaco is for you.

■ Delight by the Water

To experience your escape in the best way and enjoy unparalleled tranquillity sit down comfortably by the swimming pool or by the beach, relaxation and peaceful moments await you and even have the knack for being ubiquitous. It is the case at the Métropole Monte-Carlo, in this exceptional setting conceived and designed by the late Karl Lagerfeld himself. Located in a green oasis in the heart of the city, the *Odyssey* welcomes you in a true haven of peace with luxurious garden, lounge-restaurant delivering Mediterranean flavours around a heated seawater swimming pool.

Peace can also be found at Le Méridien Beach Plaza, with its private beach and its two indoor and outdoor swimming pools, its traditional Balinese bar with an original Alang roof of natural sea grass with tropical fruit cocktails served at the *Alang Bar*. Thanks to the sports activities from its private jetty, the sea offers itself to you directly for a perfect escapade. In a typical Mediterranean atmosphere, relaxation makes perfect sense there. A feeling you can find only a short walk away, at the Monte-Carlo Bay Hotel & Resort, where you can happily let yourself be soothed by the intimate and exotic atmosphere of the four hectares peninsula with gardens, waterfalls, solariums, two swimming pools and a turquoise sandy-bottom lagoon where it is easy to walk and relax fully. Sipping cocktails as you dip your feet in the sea unwinding in this exclusive oasis at *L'Hippocampe & the lagoon*. And if you want to extend the cocooning experience explore the *Cocoon Bay* a guaranteed escape in an idyllic setting.



For travellers who wish to take it to a new height, the Fairmont Monte Carlo hides its finest secrets on its roof, where a heated swimming pool nestles all year, bordered by the worldwide famous **Nikki Beach**, offering specialities cocktails and gourmet healthy food. Between the Formula one **Fairmont Hairpin** on one side and the Mediterranean Sea on the other, not forgetting the **Casino de Monte-Carlo** which proudly stands a few metres away, you will find it difficult to come down to Earth. The Novotel Monte-Carlo also keeps a few secrets. With its terraces, gardens and Riviera-inspired decor, open-air areas invisible from the outside, it invites you to travel around its mirror swimming pool. With its detox juices and other delights, *the Azzurra Kitchen Bar* will satisfy your appetite with its southern flavours. Wellness resides here, in the heart of Monaco and several minutes' walk from the main train station. This concept is anything but unusual at Monte-Carlo Beach. Here, visitors step outside time from this villa placed directly on the sea. Head into the Olympic-sized pool with sea water heated to 27°C, feet in the Mediterranean Sea, a place where elegance meets serenity: an opportunity to treat yourself and relax on the terrace of the **Deck** offering perfect tasty seasonal gourmet menu.

Finally, for peaceful moments in the Principality, the eco-friendly Larvotto Beach welcomes people of all ages with its pergola-covered promenade and its completely renovated beach. This newly refurbished seaside complex allows visitors to enjoy the seaside while treating themselves to a bath of freshness under the azure sky. Lovers of idleness & relaxation will have a great choice of restaurants with their feet in the water (or on the sand) with: **La Rose des Vents**, **Neptune**, **La Note Bleue** or **Miami**. Or just enjoy delicious Italian specialities, with your toes in the sand at *Giacomo*, the youngest member of the Big Mamma restaurant group.

■ Delightful Walks

It has been proven true: we always feel better when window shopping! The more so when this activity is punctuated by walks through gardens of absolute serenity or with stunning panoramic sea views. Such is the case in *Monaco-Ville* where gift shops display their souvenir and goods which we always want to take back with us from Monaco, and then comes the moment to combine spending with relaxing. Extend your shopping moment with a walk to the Jardins Saint-Martin. Originally typically Mediterranean, this green setting has subsequently been complemented by exotic species offering visitors as many surprising trees as exceptional views of the deep blue sea. Travellers will continue their walk along the edge of the Mediterranean in front of the imposing façade of the Oceanographic Museum before reaching the "Terrasse des prisons" (below Monaco's prison) which unexpectedly are welcoming and relaxing. The blue horizon still stretches as far as the eye can see and makes a perfect combination with the green of the vegetation as you arrive at Fort Antoine. Far from the tumult



and as peaceful as you could wish, this was once a fortress, which now serves as an outdoor theatre hosting full-scale performances and shows.

A shopping moment now continues in the Fontvieille district which was entirely regained from the sea. Near the Port of *Fontvieille*, in the shade of the Rock, the *Fontvieille* shopping centre and its 37 shops await all visitors as do their surrounding gardens. Starting with the *UNESCO garden*, where sculptures by artists succeed the floral arches to offer an enchanting setting over the Marina, an open-air exhibition which is freely accessible, where flowers, trees and fountains combine on the balcony of the Port of Fontvieille. To continue the walk, Fontvieille Park, which encircles the Big Top hosting each year the Monte-Carlo International Circus Festival, gives the district a large green space which is very much appreciated by families and locals. Here again, adjoining the Princess Grace Rose Garden many works of art are scattered throughout the park, it features a landscaped pond that is home to many species so do not be surprised if you meet a family of ducks or geese out for a walk: here there are at home!

Green, blue and exclusive shops can also be found at One Monte-Carlo, a brand new fashion district in the heart of the Monte-Carlo. In this exclusive living space which is completely car-free, located between the Hotel Hermitage and the Casino Square High-end luxury brands have come together. High fashion, accessories, hairdressing salon, Beauty shops & restaurants surrounds the "*Promenade Princesse Charlene*" a new car-free area lined with trees. Here you find as well a patio dedicated to exclusive jewellers inside the Hotel de Paris: make your shopping experience unique! A real breath of air right in the heart of Monaco, nature is present everywhere, down to the smallest details. Princess Grace once planted a tree here: planners and architects have met the challenge of integrating it into the landscape of One Monte-Carlo. While the architectural project is extravagant and aesthetic, it is, nevertheless a fully sustainable development. By crossing the "Jardin du Casino", visitors reach the "Jardin de la Petite Afrique", so called because of the tropical species, strengthened by its trees with their outsize aerial roots. A real change of scenery is the magnificent Métropole Shopping Centre with its period chandeliers and precious materials, such as Carrara marble and Bohemian crystal and its 80 shops and 5 restaurants helping you to escape into a world of refinement and glamour.

Shops are also within sight on the Condamine district, where quiet alleys highlight their colourful houses from the beginning of the last century. From the charming *Rue de Millo* to the pleasant Rue Caroline, which is completely car-free, to the Promenade Honoré II, the 200 shops will charm visitors with the diversity of the products on offer in this historic district. Combine quality with conviviality and discover this slice of authenticity in the heart of the Principality!



To close your shopping extravaganza coupled with your walks through greenery, there is nothing like the Jardin Japonais. A stylised copy of a Japanese landscape, with its mountain, its waterfall, its lakes, its stream and even its koi carp, the garden is a work of art produced in accordance with Zen thinking. The place, created in 1994 at the request of Prince Rainier III and located in the Larvotto district, is imbued with a special atmosphere and invites you to the most complete relaxation. For an escape to the land of the rising sun in the centre of the Principality, here is where you have to be! All along this road, the "Avenue Princesse Grace" displays lavish car dealerships and luxury shops in front of which we can always dream and dawdle.

From Souvenir shops to leading names in the fashion industry, to carefully decorated shopping centres and varied shopping arcades, everything you want is here in Monaco. And since green spaces represent 20% of Monaco territory, you may as well enjoy it too, for a real break that you will remember for a long time!



Wellbeing escape

Staying in Monaco means choosing an exceptional destination where everyone can live a unique and memorable experience. Top-of-the-range spas in prestigious hotels, private beaches or dream pools, cocktails by the water... A stay in the Principality is always the promise of unforgettable moments. With the sun, the sea and the mountains, relaxing in the Principality is a real pleasure.

The [Monte-Carlo Bay Hotel & Resort](#) (****) welcomes you for a wellbeing getaway in Monaco. The hotel features all the infrastructure for such an experience: an outdoor lagoon connected to a covered swimming pool, a fitness room, the [5 Mondes Spa](#) and its incomparable products as well as the *Blue Bay* restaurant (2-stars), where Chef Marcel Ravin prepares exotic fare with products from the organic vegetable garden on the hotel grounds, run by [Terrae](#).

For your first evening, you do not need to go very far for dinner, just a few steps away to the *Elsa* restaurant, where the Chef offers a menu featuring strictly organic products. You can then go to end your night-time outing with a cocktail made with organic honey at the [Hotel Métropole](#) (*****) *Odyssey*-terrace.

After a good night's sleep, breakfast on the terrace and perhaps a massage or some fitness care to start the day, you can set out to explore Monaco, on foot or on a bicycle (thanks to the [Monabike](#) service). You can go to Fontvieille at the opposite end of the country to sample local oysters at "Les Perles de Monaco". You may even be lucky enough to sip liqueur in an ice-cold frosted glass at "l'[Orangerie](#) », a sustainable project created to avoid wasting bitter oranges.

For an afternoon of relaxation, sunshine and enjoyment, go up to Club Nikki Beach on the [Hôtel Fairmont](#) rooftop. Deckchair, cocktail, sunlight, swimming pool and 'lounge' music will punctuate a recreational afternoon in the heart of town, overlooking the sea.

Plan on exotic dinner at the [Maya Jah](#) restaurant, with its refined Indian cuisine with some Moroccan dishes, according to your preference. And, to celebrate your last moments in the Principality, be sure to go to the "[Twiga](#)" Club inside the Grimaldi Forum, where the dance floor is near a terrace on the sea.



Gastronomic getaway

Savour the finest cuisine in the Principality's best restaurants or charm your palate by tasting some traditional Monegasque specialities.

Settle in at the Port Palace (****) for this sweet escape among Monegasque scents and flavours. After arriving in the morning, have a pleasant, tasty lunch at one of only two Gaia restaurants in the world (the other one being in Dubai), where you will get a unique taste of Greek cuisine. Then, take a nice walk to world-famous Place du Casino and the new One Monte Carlo district, and stop at Mada One to sample some of their famous *Mad'Champagne Tea*.

At the Yoshi restaurant (1-star) with its rare Japanese cuisine, rewarded with a Michelin star, you can enjoy dining in the cosy atmosphere devised by the architect Didier Gomez. Founded by Joël Robuchon who said of the restaurant: One comes here by curiosity, is enticed by the products' quality and meets there for pleasure. For the final touch, let yourself be tempted by an after-dinner drink or a glass of wine at the Wine Palace, at the *Yacht Club de Monaco*, just across from your hotel.

Not far from here, La Môme welcomes its clients on the rooftop of the Port Palace Hotel offering a stunning view on Port Hercule for a gourmet break. This elegant restaurant proposes a wide selection of Mediterranean specialities with Provençal, Italian or Greek Influences.

For a charming lunch, the director Pierre Baldelli welcomes you at « Chez Pierre » in the Metropole Shopping Center. This intimate and family-run restaurant is made up of purely seasonal products.

At Cova, you will delight in a refined breakfast served in a private 'lounge' atmosphere. For the sake of gastronomy, you won't want to miss the traditional La Condamine market where, under the red and yellow parasols, you can see, smell and touch fresh products on the stands of market gardeners who have been coming here for centuries. As you go along, you won't want to resist sampling local specialities: Barbajuan, Pissaladière and Socca. Then, we suggest you stroll up to the Rock. There, nestled between grand Mediterranean pines, and overlooking Fontvieille harbor since 1953, the *Castelroc* has become a historical landmark. Enjoy their traditional delights, from their veranda facing the Prince's Palace or while enjoying the breathtaking views of their terrace. Nearby, in a quaint pedestrian street of the old town, the gastronomic *Montgolfiere*, a little family - run restaurant, is the perfect counterpoint to all the trendy and 'bling' places in Monaco.



You can further pursue your day of gustatory exploration at La Chocolaterie de Monaco, chocolate makers since 1920, official suppliers of the Prince's Palace, and bring back a fine box bearing the Principality's colours. At the Tea Shop, you can take a break by sampling one of the 130 teas from the world over available à la carte and why not take your favourite home with you?

To continue your gastronomic journey, the Maya Jah offers Mediterranean cuisine with Oriental flavors in an elegant space that encourages escape. At the heart of this Larvotto seaside resort, feet in the sand, Giacomo offers its Italian specialties on the terrace facing the sea or in their colorful dining room. In summer, it is on the beach of the Méridien Beach Plaza (****), at the Balinese-style Alang Bar, that you will conclude your stay by savoring a delicious cocktail.



Romantic getaway

When staying in Monaco, you select an exceptional destination where everyone can enjoy a unique and memorable experience. For more than a century, this small and friendly country has always been an example of luxury and glamour, safety and security. It has now completely reinvented itself without losing its identity.

This ultimate romantic Principality is a place where countless budding affairs and enduring love stories have been celebrated in stunning locations. In Monaco, the most unforgettable experiences go hand in hand with moments of happiness: being well looked after in the most beautiful spas, losing your head in the clouds during a helicopter ride, enjoying the timeless elegance of the finest dining, and living the dream in the most stunning hotel suites...

If you're looking for a romantic break, an intimate celebration, a haven made for two – then Monaco is for you!



Suggested romantic itinerary

48 hours in Monaco: Winter

DAY 1

10 am

What better way to arrive than by air, giving you a chance to start your enchanted break with a flight over the Principality? Disembark in Monaco just seven minutes after leaving Nice Côte d'Azur Airport and enjoy a breathtaking panorama spanning the Mediterranean, the Alps and Italy. The winter light that is unique to the French Riviera is instantly captivating; indeed, it has enthralled some of the most discerning eyes in history, from renowned artists to great writers, not forgetting some celebrity couples!

10.30 am

After a speedy VIP transfer from the heliport, welcome to the [Hotel Metropole Monte-Carlo](#)! This five-star establishment has been delighting an international clientele for more than a century thanks to its discreet charm, understated luxury and Belle Epoque style. Relaxation and intimacy are what it's all about here a romantic haven with Jacques Garcia interiors that blend the classical and timeless with a touch of modernism.

After a stellar check-in, take a stroll to soak up the unique atmosphere of the Principality. A few short steps from the hotel is the Carré d'Or, where the [Casino Gardens](#) and Little Africa Gardens unveil their attractions and lush vegetation, with the mid-nineteenth-century building designed by architect Charles Garnier in full view ahead. An enchanting initial exploration, offering glimpses of tradition and modernity on the [Place du Casino](#), which remains full of history and yet was fully renovated in June 2020.

12.30 pm

For your first meal *à deux*, the creative cuisine of Michelin-starred chef Antonio Salvatore awaits you, ready to tantalise your taste buds with local organic produce and traditional techniques. [La Table d'Antonio Salvatore](#): unassuming elegance in an exclusive, intimate setting just a short stroll from the [Metropole Monte-Carlo](#).



2.30 pm

At the entrance to the Principality are several greenhouses that are home to some remarkable botanical diversity and offer spectacular views of Monaco: the Exotic Garden Botanical Centre. The architect-designed, fully glass greenhouses allow visitors to enjoy hundreds of species of succulent and exotic plants as well as the coastline of the French Riviera and the silhouette of the Rock in Monaco-Ville rising against the horizon. A peaceful idyll where silence reigns supreme and a delightfully unique spot where couples can spend some time together.

3.30 pm

From the greenhouses, you can see the Nouveau Musée National de Monaco (NMNM), an institution which showcases the Principality's heritage through a series of changing contemporary exhibitions in an exceptional setting, the patrician Villa Paloma, nicknamed the "*Villa Coquette*". As an added bonus: grab a relaxing moment with your beloved in the Museum's gardens to enjoy the views of Monaco before or after your visit. The NMNM also includes the Belle Epoque-inspired Villa Sauber in Larvotto.

5.30 pm

As the light starts to fade, head back to your hotel and its luxury space dedicated to beauty: the Spa Metropole by Givenchy. Designed by the architect Didier Gomez, this haven of serenity oozes elegance... Take advantage of the exclusive double treatment room and private hammam to escape from it all as a couple thanks to the spa's excellent treatments.

7.30 pm

Celebrate a couple's break in Monaco as it should be celebrated, with an aperitif in an idyllic setting. On your first evening, the American Bar in the Hotel de Paris is a great place for lovers with champagne and unique signature cocktails. To be consumed – in moderation – while enjoying the eclectic musical programme. An iconic Monaco destination, the bar with its gleaming, elegant wood has a 1920s feel that exudes understated glamour.

8.30 pm

The Principality plays host to some of the most prestigious events in stunning locations... one of which is the famous Opéra Garnier, the jewel in the crown of the Casino de Monte-Carlo. Share a very special experience as you fully take in this Italian red-and-gold theatre. The Philharmonic Orchestra and the Ballets de Monte-Carlo perform throughout the year, a great way to make the most of your first romantic evening in the Principality...



11 pm

To continue the feast for your senses, head to Le Train Bleu to dine amidst unique décor within the Casino de Monte-Carlo itself. The restaurant's elegant fine dining menu features a gourmet take on Italian flavours, with the Place du Casino providing a backdrop to your meal... To mix up your elegant evening, head for the James Bond atmosphere of the Salle Renaissance, *Salle Europe* or *Salle des Amériques* and try your hand at the gaming tables that offer entertainment, thrills and surprises, before returning, starry-eyed, to the Hotel Metropole Monte-Carlo.

DAY 2

9 am

Breakfast served in your room with the Mediterranean and Monte-Carlo as your backdrop will help you gradually recover from the excitement of yesterday.

10.30 am

To start your day, nothing could be better than a trip to La Condamine Market, which is held every morning at the distinctive and colourful *Place d'Armes*. Located just below the Prince's Palace, this is the place to be to get a real feel for local life and it's a great place to relax for a few minutes over a coffee. A welcome break before you take the escalators on Rampe Major up to Monaco-Ville.

Once on the Rock, allow yourself to be transported by its romantic side: the St Barbara and St Martin gardens overlooking the sea, the picturesque alleys and small squares, and the breathtaking panoramas. Discover the majestic Oceanographic Museum which holds a multitude of surprises, and visit the Place du Palais. At 11.55 am every day, the Palace Guards perform the Changing of the Guard: a wonderful insight into the Principality's centuries-old history.

12.30 pm

La Montgolfière welcomes those who enjoy a fresh take on traditional cuisine in a family setting located in the middle of Monaco-Ville's pedestrian alleyways. Owned by a couple, the restaurant offers a menu inspired by their travels while also giving guests an opportunity to discover Monegasque flavours.



2 pm

You can continue your exploration of the Principality by taking a stroll towards the terraces of Fort Antoine. Head down towards *Port Hercule* using the escalators, where all you can see is the horizon and the Mediterranean waves provide the soundtrack. On *Quai Rainier I*, discover another side of Monaco and cross the marina on a solar-powered electric bus boat. A link between Monaco-Ville and Monte-Carlo that is both practical and pleasant.

4.30 pm

Teatime! The elegant Métropole Shopping Center is home to some prestigious brands, including the Café Pierre Hermé. Relax and try the iconic creations of one of the world's best pastry chefs, from the famous *Ispahan* to the "infinite dreams" assortment of macarons.

6.30 pm

After a well-deserved break back at your hotel, it's time to raise a toast to your love! The Principality has two ports separated by the *Monaco-Ville Rock*, and each boasts its own particular features. The *Port of Fontvieille* also invites visitors to enjoy a stroll past the small local vessels and latest yachts. While the atmosphere might be more intimate, enchantment is still the order of the day: the view takes in the illuminated Rock, the *Prince's Palace* and the facade of *Monaco Cathedral*. It's a spectacular sight from Le Rouge et Le Blanc. This wine bar, rated Best Aperitive 2022 by the Monte-Carlo Gastronomie event, offers a selection of cheese, charcuterie boards and tapas in the cosy interior of on the tables overlooking the marina.

8.30 pm

Just a few short steps away, allow yourself to be tempted by the Beef Bar, the ultimate spot for carnivores, with its wide selection of meat cuts, and for those who enjoy a culinary experience. Between the famous *Kobé beef* and the daily catch from the sea, a gourmet journey is assured! The restaurant's elegant architecture and breathtaking view of *Fontvieille Port* cannot fail to win you over.



Suggested romantic itinerary

48 hours in Monaco: Summer

DAY 1

9.30 am

Welcome to the Monte-Carlo Beach! Modern and glamorous, this villa by the sea draws couples in with its timeless features. Here, time slows down for you to dip your feet in the water and enjoy the balmy delights of the Riviera. With a private beach, Olympic-size swimming pool, 100% organic restaurant, cabanas and a spa, the Monte-Carlo Beach has everything to guarantee a good time!

10.30 am

Feel the pulse of the Principality by heading to the Casino Gardens. From the “Boulingrins” (the name derives from “bowling green”) to “Little Africa” with its subtropical plants, these gardens are intertwined with Monaco’s history and invite visitors to relax. Nearby, Avenue de Monte-Carlo, Place du Casino and One Monte-Carlo provide opportunities for a unique shopping experience in a prestigious setting: the biggest names have all gathered here at one of the most famous addresses in the world.

12h30 pm

It’s summer, so a light lunch on the terrace is the way to go: the Tavolo restaurant at the Hotel Columbus Monte-Carlo welcomes guests to enjoy Mediterranean flavours prepared using fresh produce. Taste the best seasonal ingredients, produced responsibly, as you take in the view of the Princess Grace Rose Garden with the Exotic Garden extending behind. There’s no doubt about it: you really are in Monaco!

2.30 pm

The Fontvieille district is the Principality’s most residential area and it’s a great place for a meander through parks and gardens.



Wander through the landscaped Fontvieille Park, a peaceful haven comprising four hectares of shaded paths that are perfect for a quiet stroll. The contemporary sculptures and lake surrounded by Mediterranean plants are all conducive to relaxation.

4 pm

As you hit the hottest part of the day, it's a good idea to find somewhere to cool down. The Grimaldi Forum's major summer cultural event is the perfect solution. From 8th July to 3rd September 2023, discover "Monet: Capturing the sun", an exhibition based on the collections of the Tate Gallery, bringing together the iconic works of William Turner with those of the contemporary artists he inspired in the field of landscapes.

6 pm

Perhaps it's time for you and your loved one to cool off by the water, enjoying a glass of something as you feel the sand between your toes? If you're looking for a moment of calm in the Principality, the new Larvotto resort is ready to welcome you to its shady promenade and fully renovated beach. There, you'll be spoiled for choice when it comes to places to sip a cocktail while listening to the waves: Marco La Rose des Vents, Le Neptune, La Note Bleue, Le Miami or at Giacomo by *Big Mama Group*, to enjoy delicious Italian specialities with your toes in the sand.

9 pm

In Monaco, you can get pretty much anywhere on foot. After a breath of fresh air and a break at your hotel, fill up on flavour at the Maya Bay. But will you opt for Japanese or Thai? There are two cuisines on offer here that create a sense of zen in harmony with the dishes served. Surprise your palate with a memorable experience from the edge of Asia, just a short distance from your hotel...

10.30 pm

Mix up your first evening in the Principality with a visit to the Salle des Etoiles for an unmissable event featuring the biggest stars at the Monte-Carlo Sporting Summer Festival. Among those who have rocked the Monegasque stage in recent years are Sting, Enrique Iglesias, Macklemore and Ryan Lewis... Allow yourself to be transported by the energy of this venue that has been an iconic staple for nearly 50 years, with the starry skies over the Principality as your backdrop...



DAY 2

9 am

The day begins with breakfast served on your terrace: stock up on vitamins to prepare for an activity-packed morning for two!

10 am

Parasailing, Fly Fish riding, tubing, wake surfing, jet skiing... there's a huge range of choice available when it comes to an unforgettable experience on the water with your loved one! Allow yourself to be tempted by one of the fun water sports on offer at the Monte-Carlo Société des Bains de Mer water sports club, right by your hotel room!

12.30 pm

Elsa, one of the three restaurants at the Monte-Carlo Beach, is the first restaurant serving organic food and 100% wild-caught fish to obtain a Michelin star. The female chef has designed a menu that is as unique as the setting thanks to seasonal, local and organic cuisine to leave you with a sense of total wellbeing.

2.30 pm

To help you recover from your energetic morning, what could be better than a spot of complete relaxation dedicated to face and body treatments at the Cinq Mondes Spa in the neighbouring Monte-Carlo Bay Hotel and Resort. Renowned for offering traditional beauty and massage rituals that fully respect ancestral ceremonies, the spa also has special couples' suites so that you can enjoy taking a bit of time out together.

5.30 pm

With body and mind now in total harmony, you'll be ready for a loved-up evening at the Wine Palace Monte-Carlo at the Yacht Club de Monaco on *Port Hercule*. In this unique and stylish setting, you can choose from among 2,300 wines, champagnes and spirits from all over the world. Along the pedestrianised promenade, take the time to savour your drink as you look back at the Principality and relax.



7 pm

At this point, there's nothing like a walk around Monaco-Ville as the sun begins to set. Take the solar-powered electric bus boat to cross Port Hercule. Surrounding the imposing Oceanographic Museum, the St Barbara and St Martin gardens are really like balconies overlooking the Mediterranean and show off their best finery opposite the sea, in pastel shades.

7.30 pm

Before you head off to enjoy an incredible performance, Le Petit Bar welcomes you to the heart of Monaco's old town, a continuation of the Place du Palais. On the corner of a small lane, this character-filled restaurant offers local cuisine with dishes that are as delicious as they are astonishing, showcasing regional specialities.

9.30 pm

Round off your stay in the Principality in style with a summer concert in the Royal Courtyard of the Prince's Palace. A tradition that dates back to 1959, the summer concerts presented by the Monte-Carlo Philharmonic Orchestra delight guests and audiences at the heart of a quite exceptional venue. The best conductors have brought to life the works of the greatest composers here, and each one of the summer evenings held at the Prince's Palace every year is a magical occasion. The Principality – creating memorable experiences for couples!



Silver Anniversary Getaway

What better way to celebrate your love than a stay in Monaco? With its spas, shopping and outstanding hotels, discover Monaco for a truly unforgettable romantic break.

On arrival at Hôtel Métropole Monte-Carlo (*****) you will find yourself immediately in the ideal atmosphere. The establishment's hushed cosy areas, combined with the refinement of its upscale luxury hold the promise of a perfect stay.

To celebrate your love, you must dine at the legendary Louis XV (3-star), the great Chef Alain Ducasse's peerless historic restaurant to prove your attachment to your beloved. You can pursue your soiree in the same place, with a drink at the American Bar at Hotel de Paris, where you can exchange your most memorable experiences to the suave strains of live jazz.

Following a delicious breakfast, you can pursue this private moment of leisure with a session of complete wellness care tailored for couples at the Hôtel Métropole's Givenchy spa. After a short stroll through the traditional La Condamine market, you can have lunch in one of the Principality's hidden jewels: the Beefbar Naro's, a Beefbar hybrid, born from the encounter between Riccardo Giraudi and Chef Nariné. Beefbar classics are mixed with traditional Middle Eastern dishes for a modern Levantine cuisine.

The afternoon dedicated to exploring and shopping will take you to the heart of the brand new One Monte-Carlo district, where the gift of a special piece of jewellery to your beloved awaits you in the friendly atmosphere of a specialised shop.

You can bring this day to an end with a performance at the legendary Salle Garnier Opera house, in its stupendous Belle-Époque decor. After the show, savour a late dinner at the Monte-Carlo Casino's Salon Rose, restaurant to pursue your evening in this historic setting to bring a fitting end to your unforgettable stay for your Silver (25th) wedding anniversary celebration.



Family escape

Bring together the family to share unforgettable moments in Monaco!

Take advantage of the wide range of activities and events available year round in an environment as safe as it is enchanting.

From the fascinating world of the Oceanographic Museum in Monaco-Ville to the prehistoric displays at the Museum of Anthropology, or the temporary exhibitions at the New National Museum of Monaco (NMNM), there is something to satisfy all tastes and all passions.

If you would like to discover Monaco in the wink of an eye, what could be more appropriate than a ride on the little train (Monaco Tours) or a Hop-on Hop-off bus (Monaco Le Grand Tour) where you can get on and off as you please all day long. And if your teenagers are restless for action, you can always ride a bike, don a helmet and set out for a visit of Monaco's streets and alleys.

Later, you'll be able to recall those wonderful moments of sharing around a convivial table in the Halle Gourmande at La Condamine market or on the Port, where the fine food of Stars'n'bars (will delight the entire family's palates (extra bonus points for the wonderful sustainability actions the Stars'n'Bars puts in place). Then, you can take advantage of a well-deserved rest by the lagoon at the MonteCarlo Bay Hotel & Resort (****), in the heart of Monaco at Hôtel Novotel (***) or in the exceptional setting of Hôtel Hermitage (*****).



Getaway with Friends

Take advantage of a few days among friends to share special moments unlike any you will ever experience elsewhere.

Whether you want to sit at a table, discover Monaco by cycling through the streets or enjoy the pleasures of Nature along the 'balconies overlooking the Mediterranean Sea', the Principality will offer you unforgettable moments.

Get a feel for the local nightlife by starting your evening at Port Hercule to sip craft beer at [La Brasserie de Monaco](#).

Then go to the [Monte-Carlo Bay Hotel & Resort](#) (****) to enjoy a signature cocktail by the Sea at the [Blue Gin](#), along with finger food carefully concocted by Chef Marcel Ravin. To unwind in a unique venue, what better choice than the [Buddha Bar](#)? Just a stone's throw from the Casino, you can indulge in delicious cocktails while enjoying its relaxing lounge-bar atmosphere.

During the day, you can take a different tack to discover the Principality and roam the streets on [Monabike](#) electric bicycles to explore the landmarks along the Formula 1 circuit: Sainte-Dévote curve, climb up Avenue d'Ostende, the hairpin turn or the famous tunnel! After all that effort, it's time to relax at La [Condamine market](#) with its many colours and smells around local culinary specialities like the inevitable Barbajuan (local fritters). Then, spend the afternoon hiking around the towering Tête de Chien mountain to admire the sunset or discover Monaco from a boat on the Mediterranean Sea...

To end this Monegasque getaway, you can choose from different atmospheres, as you like at the [Novotel MonteCarlo](#) (***) in the city-centre, the [Méridien Beach Plaza](#) (****) for its private swimming pool and beach or the iconic [Monte-Carlo Beach](#) (*****) with its water sports.



Visit 3 countries... in 1 day

Take advantage of the Principality's exceptional location and discover three countries during your stay!

If you reach Monaco from the mountains and the village of La Turbie, you can stop to admire the Trophy of Augustus, erected over 2,000 years ago. Then, you can follow the road made famous by Grace Kelly and Cary Grant in Hitchcock's *To Catch a Thief*, as they picnic while admiring the view over the Principality. Then, once in Monaco, you can begin your stay at Hôtel Fairmont Monte-Carlo (****). The valet will take care of your vehicle to let you settle quickly in your room with a terrace from which to admire Italy on your left, France on your right and Monaco at your feet.

For your first exotic evening, go to the Gaia restaurant to sample their Mediterranean cuisine of Greek inspiration. The 'blue hour' is the time for a few minutes stroll to the French border, where you can have fun moving freely from one country to the other on the few metres separating Monaco from Roquebrune-Cap-Martin (in France), somewhere between the Monte-Carlo Bay Hotel & Resort (*****) and the Monte-Carlo Beach (*****) .

On the next morning, you can head for Èze-sur-Mer to visit its famous Fragonard or Galimard perfumeries to learn all about this delicate ancestral craft. You can even create your own personal fragrance and take it with you on your ascent to the peak with the Castle ruins for lunch.

The afternoon will take you to Italy: San Remo, barely a half-hour drive from Monaco, a Ligurian town where you can enjoy a very special, very Italian atmosphere and dine on pasta with seafood, or just pizza you can nibble as you stroll by the sea in the bustling evening ambience.



Cultural Getaway

When you choose to stay in Monaco, you are opting for an exceptional destination where everyone can enjoy a unique and memorable experience. For more than a century, this small, friendly country, synonymous with luxury and glamour and with a reputation for safety and security, has completely reinvented itself without losing its identity.

In Monaco we celebrate the culture... of excellence. Cultural organisations of international calibre, top-class venues and events that are extraordinary and yet occur regularly... there is always something to see and do!

Offering the perfect natural setting for the finest Monegasque cultural treasures, which take place here from January to December, immerse yourself in the Principality and enjoy some very special performances and timeless moments... Whether you're visiting as a couple, or with family or friends, Monaco is for you!



Suggested cultural itinerary

48 hours in Monaco: Winter

DAY 1

Welcome to the Hotel Hermitage Monte-Carlo (*****)! In the heart of Monaco, the hotel for connoisseurs of Belle Époque architecture cultivates a sense of elegance, peace and discretion.

9 am

What better way to start your stay than with breakfast at your hotel? From the morning onwards, the question is whether to enjoy your meal in the winter garden, bathed in the soft light diffused by the Eiffel cupola, on your terrace so that you can take in the views, or at the Limùn, a restaurant that regularly changes its décor and offers a brand-new healthy breakfast option.

10 am

Monaco-Ville, the Rocher, the old town... this district has several different names and just as many ways to impress visitors! Allow yourself to be transported by the unique atmosphere of the *St Barbara and St Martin* gardens overlooking the sea, the picturesque alleys and the breathtaking panoramas.

In the middle of these two peaceful oases stands the Oceanographic Museum, officially opened in 1910 by Prince Albert I, where visitors can discover thousands of species of tropical and Mediterranean fish. With its turtle rehabilitation pools opposite the sea, temporary informative exhibitions and fun events, this is a place which will both fascinate and educate.

Also not to be missed is the Changing of the Guard on the Place du Palais. At 11.55 am every day, the Palace Guards perform this solemn ritual, a wonderful insight into the Principality of Monaco's history.



12.30 pm

A well-deserved lunch break! Head down the Rocher using the Fort Antoine stairs and you will come out on the Esplanade des Pêcheurs. From there, a short but pleasant trip on the electric water bus will take you to the opposite side of the port. On the roof of the Hotel Port Palace, the restaurant La Môme Monte-Carlo reveals a stunning view over Port Hercule and offers sunny Mediterranean cuisine with décor inspired by the iconic Grace Kelly, who played an undeniable role in developing culture in the Principality.

2 pm

Stroll along the port via Quai Albert I and you will reach the new location of H.S.H. the Prince of Monaco's Car Collection, an incredible journey through time by means of car culture, from a 1903 Dion-Bouton to a 2013 Lotus F1! An invaluable collection begun in the late 1950s by Prince Rainier III who was passionate about cars.

3.30 pm

The Principality is also characterised by the eclectic nature of its museums and monuments. Offering several exhibitions a year at each location, the Nouveau Musée National de Monaco (NMNM) showcases a little-known heritage and collection while promoting the discovery of the contemporary scene. The NMNM has two locations situated on either side of Monaco. In Larvotto, Villa Sauber is one of the Principality's last Belle Époque villas. Having passed through the hands of several owners, it has since 2009 hosted temporary exhibitions on the general theme of "art and performance" and organises exciting contemporary exhibitions.

4.30 pm

Tea time! Relax at the Cova, the iconic Italian pâtisserie, which opened its first café in Milan in... 1817! The menu at this traditional tea shop on the elegant Boulevard des Moulins with its famous shops features a selection of teas accompanied by hand-crafted pastries and scones. To prolong your treat in this elegant and timeless setting, go for the option which includes a glass of champagne...

When you leave this Italian tea shop and before returning to the Hotel Hermitage Monte-Carlo, take some time to admire the architecture on Boulevard des Moulins and the way it contrasts with One Monte-Carlo next to the Place du Casino and its gardens. Enjoy this exclusive and fully pedestrianised spot, which brings together the leading luxury brands in a green oasis.



7.30 pm

After taking a welcome break to relax in your hotel, it's time for an aperitif in an iconic bar... With its unique décor and cosy atmosphere, the Bar Américain at the Hotel de Paris Monte-Carlo invites guests into its 1920s world. Before an evening at the Opera, why not opt for a ballet-themed drink, such as a Pulcinella cocktail with fresh mandarin or a Nutcracker with hazelnut syrup?

8.30 pm

The Principality plays host to some of the most prestigious events in stunning locations... one of which is the famous Opéra Garnier, the jewel in the crown of the Casino de Monte-Carlo. An experience not to be missed in order to fully take in this red-and-gold Italian theatre, where some of the biggest stars have performed, from Sarah Bernhardt to Prince, not forgetting the Monte-Carlo Philharmonic Orchestra and the Les Ballets de Monte-Carlo.

11 pm

To continue the feast for your senses, head to Le Train Bleu to dine in an exclusive setting within the Casino de Monte-Carlo itself. In a restaurant car that recreates the atmosphere of the Belle Époque, enjoy a journey at the very heart of Monaco and enjoy a gourmet take on Italian cuisine with a view of the Place du Casino. Mix up your evening with a visit to the gaming tables in the James Bond-inspired Salle Renaissance, Salle Europe and Salle des Amériques. Entertainment, surprises and emotion are guaranteed!

DAY 2

10 pm

Coin and stamp collectors – it's your turn to have some fun! A first-class cultural institution, the Museum of Philately and Coinage displays the special collections of the Princes of Monaco. At the heart of this museum located on the *Fontvieille terraces*, history is traced through the items exhibited, which include the first Monegasque stamps created by Prince Charles III in 1885, and the first coins produced by Prince Honoré II in 1640. The museum also holds exclusive temporary sales. The sale held in autumn 2021, for example, featured two-euro coins minted to celebrate the tenth wedding anniversary of Prince Albert II and Princess Charlene, available to purchase for €120. The result was a long queue of collectors waiting to get their hands on the 15,000 coins that were sold throughout the day!



11 pm

Continue your discovery of the Fontvieille district by taking a pleasant stroll along a pedestrian path dotted with sculptures. Created by reclaiming 23 hectares from the sea in the 1970s and 1980s, Fontvieille allows pedestrians the chance to discover artists within a large, landscaped park and several planted areas. Enjoy a lovely stroll through the works of Botero, Rodin and Fernand Léger between the green of the gardens and the blue of the sky over the French Riviera.

12 pm

Another way to understand the culture of a city, region or country is through the local food, so head to Place d'Armes, also known as Market Square. As the morning draws to a close and locals are thinking about what they might cook up, La Condamine Market reveals its characteristic colours and aromas. It is impossible to leave without tasting *the* star of Monegasque cooking, *the Barbajuan*. Stroll through the indoor market, known as "La Halle Gourmande", to enjoy local dishes, wander past the colourful outdoor market stands to take in the smell of the flowers, fruits and vegetables and linger at one of the café terraces dotted everywhere. This is truly the place to be to soak up local life. Over a selection of traditional dishes – we'd recommend *socca, pissaladière and fougasse* – take some time to appreciate the beautiful facades around the square, or look up to see the Prince's Palace nestling on the Rocher.

2.30 pm

Head upwards and visit the Exotic Garden district. If you want to combine a quick break with a tour, the Exotic Garden Botanic Centre is home to the most significant collections of cacti and succulent plants in the world – it has more than 10,000 in total! Take a wander through the three-storey glass and iron structure, which is an idyllic peaceful oasis, featuring a panoramic view over the Principality. Lovers of escapism take note...

Just opposite is a neighbour that focuses on our long and impressive shared history: the Museum of Prehistoric Anthropology. Founded in 1902 by Prince Albert I, this is the oldest museum in Monaco. Its collections transport visitors through the ages, helping to trace the major steps in the evolution of humanity. A voyage through time which is worth making!

6.30 pm

Head to the Hotel Metropole Monte-Carlo for an elegant aperitif. With its glamour, elegance and warmth, the lobby bar is the answer to a food lover's dreams. Sample delicious cocktails



amid the ephemeral atmosphere, floral touches, and ancient and collectible works of art. The décor by Jacques Garcia, who has designed numerous architectural projects all over the world, will leave you feeling at ease in this hushed ambiance. Pay attention to the different profiles displayed on the walls, you may just recognise some of the personalities...

8 pm

Continue your evening with some more culture. From January to December, the Principality offers you the opportunity to marvel at a whole host of eclectic performances. Just pick something to suit your tastes! Jazz fan? The [Monte-Carlo Jazz Festival](#) welcomes music fans and those keen to learn more about the style to the [Opera Garnier](#) for some spectacular concerts. Classical music more your thing? Discover the talented musicians of the [Monte-Carlo Philharmonic Orchestra](#), voted orchestra of the year in 2021, and enjoy a timeless evening. And if you are visiting in January, take advantage of the opportunity to appreciate the internationally renowned performances of the [Monte-Carlo International Circus Festival](#)!

Before or after this visual enchantment – depending on the event schedule – it's time to treat your tastebuds... Head over to the [Pavillon Monte-Carlo](#), a restaurant by triple-Michelin-starred chef Yannick Alléno at the Hotel Hermitage Monte-Carlo, where light, flavourful cuisine with a decidedly local identity awaits!



Suggested cultural itinerary

48 hours in Monaco: Summer

DAY 1

The Meridien Beach Plaza welcomes you for your stay in the Principality! The only hotel in Monaco to boast its own private sandy beach, the Meridien Beach Plaza is resolutely focused on art and is a fully fledged exhibition space. Artists represented by local or internationally galleries are regularly invited to exhibit their work in the hotel's lobby or gardens.

9 am

A great day starts with breakfast for two facing the sea or on the terrace by the Meridien Beach Plaza's swimming pool. Savour a special moment over great food and fresh produce to fill you with energy before you head out to discover the Principality.

10 am

Discover Monaco by taking a morning stroll through the heart of the Larvotto district, whose beach and promenade have recently been redeveloped. As you wander past the beaches along a pleasant, shaded promenade, the Grimaldi Forum Monaco unveils its great glass roof. It's a great opportunity to get out in the fresh air and discover the Forum's summer exhibition.

This summer's must-see exhibition is a retrospective of Claude Monet called "*Monet: capturing the sun*", featuring one hundred paintings by the iconic impressionist artist.

12.30 pm

Take a break for lunch in Larvotto, with your toes in the sand and your eyes drifting out to the horizon! Founded by Monaco's own Tigrane Seydoux, the new restaurant **Giacomo** from the Big Mamma group welcomes guests with its open kitchen in the centre of the restaurant and its fresh produce prepared to order. Specialising in Italian cuisine, Big Mamma is one of Europe's top ten pizza chains.

And a quick tip: a post-lunch walk to the Japanese Garden is well worth the detour! Relax amid the pond, the waterfall and the carefully maintained plants in this stylised imitation of Japanese nature.



2.30 pm

Time to head to the *heliport in Fontvieille*! Monaco can also be discovered from the air, so climb into the free shuttle with private chauffeur, allow yourself to be guided and take to the skies, where you can admire the Principality from above during a panoramic helicopter flight. A timeless opportunity to enjoy sweeping views that cannot be seen from anywhere else, thanks to the expertise of Monacair and Héli Air Monaco. Cultural aficionados and others with an interest may also be tempted by a guided tour that highlights some of the French Riviera's best-kept secrets from St Tropez to the Nice hinterland – including a stop for a glass of champagne!

4 pm

With your feet back on solid ground, head to the Exotic Garden and the *Villa Paloma*, an integral part of the Nouveau Musée National de Monaco. Built in the early twentieth century, this part of the museum focuses on the theme of "art and territory". The villa, nicknamed "*La Coquette*" due to its attractive charm, is a cultural highlight that should not be missed. Then enjoy a debrief in the villa's gardens, which have fantastic views over the Principality!

5.30 pm

Time for a break! Head back to the Meridien Beach Plaza to take advantage of your hotel's facilities, especially its sandy beach. Take a peaceful timeout to look back over your time in the Principality so far – and don't forget to enjoy a tropical fruit cocktail or two at the Alang Bar. Under the shade of the thatched roof (it is thatched in alang-alang, a natural grass) in the style of a traditional Balinese bar, the Meridien Beach Plaza venue is a direct invitation to relax and recuperate.

7.30 pm

Dine by the Mediterranean! Nestled on the roof of the Hotel Fairmont Monte-Carlo, the Horizon Rooftop offer the chance to decompress as you look out over the Mediterranean. Fans of fusion cuisine should note that the Fairmont Monte-Carlo is also home to Nobu: the perfect blend of a Japanese dinner with South American touches, all served in a cosy atmosphere facing the sea.



9.30 pm

Every summer, the famous Monte-Carlo Philharmonic Orchestra relocates its prowess to the heart of the Royal Courtyard at the Prince's Palace, where it stages performances unlike any other. The idea was first born in 1959 and revives an age-old Grimaldi family tradition. The Orchestra gathers between the two flights of the seventeenth-century staircase, and the magic is instant. Classical music and the Prince's Palace come together, each enhancing the magnificence of the other...

DAY 2

10 am

To start your day, nothing beats a trip to La Condamine Market, which is held every morning at the distinctive and colourful *Place d'Armes*. Located just below the Prince's Palace, this is the place to be to get a real feel for local life and it's a great place to relax for a few minutes over a coffee before taking the Rampe Major stairs up to Monaco-Ville.

Once on the Rock, allow yourself to be transported by its beauty: *the shady St Barbara and St Martin gardens* overlooking the sea, the picturesque alleys and the breathtaking panoramas. Discover the majestic Oceanographic Museum, which holds a multitude of surprises, and head up to the *Place du Palais*. At 11.55 am every day, the Palace Guards perform the Changing of the Guard: a wonderful insight into the Principality's centuries-old history.

12.30 pm

It's summer, so a light lunch on the terrace is the way to go: the Tavolo restaurant at the Hotel Columbus Monte-Carlo welcomes guests to enjoy Mediterranean flavours prepared using fresh produce. Taste the best seasonal ingredients, produced responsibly, as you take in the view of the Princess Grace Rose Garden with the Exotic Garden extending behind. There's no doubt about it: you really are in Monaco!

2.30 pm

Take some time to admire the beds of roses in the Princess Grace Rose Garden. Here, some of the flowers have been named in honour of some of the biggest names in culture: "Maria Callas",



“President Léopold Senghor” and “York and Lancaster”, the famous rose created in 1551 to celebrate the peace that marked the end of the Wars of the Roses.

As you head over to Monte-Carlo, make sure to wander through the shady terraces of the Casino, which are perfect for a stroll. The terraces lead to “Hexa Grace”, an amazing, multicoloured work of art by the master of Op art, Victor Vasarely.

4 pm

Return to Place du Casino to take the obligatory stroll through the heart of the Principality. Anish Kapoor’s mirror, a vital embellishment of the old square, retains its place at the centre of the esplanade and blends in perfectly with the surrounding Bell Époque architecture.

A few metres away is the Metropole Shopping Centre with its luxurious atmosphere against a backdrop of precious materials. The centre is home to more than 70 shops, nestled among the Carrara marble and Bohemian crystal chandeliers made by Faustig. Then head back to the Meridien Beach Plaza Hotel to relax for a moment before beginning your evening..

7 pm

The Monte-Carlo Bay Hotel and Resort is home to the Blue Gin, where you can enjoy a relaxed aperitif and designer cocktails facing the Mediterranean. Open to the outdoors, the Blue Gin offers a selection of creative drinks and live music with disco funk influences.

8 pm

Now it’s time to discover the best of Latin American culture! Enjoy stunning views of the Mediterranean as you immerse yourself in the atmosphere of the Coya Monte-Carlo. This venue at the water’s edge offers Peruvian fusion cuisine, plunging guests into a multi-sensory experience from the moment they arrive with contemporary art hanging on the walls, music featuring sounds from the brand’s own label and unique décor designed by Peruvian craftspeople. Guaranteed to be a full-on experience!

10 pm

In Monaco, the stars are not only to be found on restaurants or in the sky. Every summer, they align in the Principality to offer entertainment and excitement with the unforgettable concerts of the Monte-Carlo Sporting Summer Festival. John Legend, Sting, Enrique Iglesias... the world’s biggest stars have been performing at the Salle des Etoiles for years. With the sky on the horizon and the Principality for a backdrop, get ready for a star-studded evening.



Responsible Getaway

For Monaco, protecting the environment has been a central concern for many years. In the early 20th century, Prince Albert I had had the foresight to encourage His people to “raise awareness, love and protect the oceans.” This commitment has continued to intensify, the more so since the accession of H.S.H. Prince Albert II of Monaco who is pursuing a strong policy in support of sustainable development at a national and international level.

Nationally, the initiatives in place focus on biodiversity, resource management and the reduction of greenhouse gases. In this respect, the Sovereign has committed the Principality to reducing its greenhouse gas by 55% by 2030 compared to 1990 and to reach carbon neutrality by 2050! An ambitious target, and one which requires everyone’s involvement.

The Monegasque tourist sector is dedicated to applying the high environmental and sustainability standards instilled by the Prince’s Government and all the tourism stakeholders are committed to a more responsible tourism. That is why, the Destination and its partners strive to implement innovative solutions for optimal of resource management.

As an example, the majority of hotels have received environmental certifications, green transport is promoted thanks to the development of an energy efficient public transport network and effective intermodal connection solutions. Awareness-raising activities are regularly organised with themes such as waste sorting, fighting food waste, protecting biodiversity, etc.

As a Responsible Tourism Destination, Monaco fosters Tourism for all and has gone to great lengths to improve accessibility and create new infrastructures.



Suggested responsible itinerary

48 hours in Monaco

DAY 1

■ The Green Arrival

For visitors who wish their transport to be as green as their carbon footprint, you have several solutions.

You can access the destination from Nice Côte d'Azur airport and other cities of the Riviera via public transport: by bus (line 110) or by train.

For a luxury, green transfer, the Monegasque company elimo has at its disposal a fleet of premium 100% electric vehicles with chauffeur.

■ Welcome to Monaco!

With 88 % of its bedrooms certified, the Monegasque hotel sector is very committed to protecting the environment.

Stay at the Monte-Carlo Bay Hotel & Resort!

With its Green Globe label, the establishment is part of the Monte-Carlo SBM group. If you have an electric vehicle, a super charger (rapid charge in only 15 minutes) is at your disposal.

Once you have checked in, take the time for a stroll through the Resort. There you will find a 400 m² vegetable garden, maintained by Terrae, where organic fruit and vegetables grow, to later be exquisitely prepared by the Hotel Chef, Marcel Ravin.



With its sand-bottomed lagoon, its luxuriant garden and its Spa, the hotel is one of the top performers in terms of reducing its use of natural resources; in 2019 the hotel achieved the feat of reducing its energy consumption by 30 % in only eight years of existence. Still today, it continues to pursue its commitment for the environment by installing 1,000 m² of solar panels on its roofs.

10 am

It's time to explore Monaco. To do so, nothing could be simpler. Line 6 of Compagnie des Autobus de Monaco, whose fleet is powered by Di-ester, stops right in front of the hotel.

Unless you would prefer to roam through the streets of the Principality by bike? Monabike is a self-service system of electric bikes. With 390 bikes and 42 stations, it's easy to take a bike for an hour or more and put it back when you've finished your ride!

Thanks to its electric assistance, climbing Fairmont will be child's play and you will find yourself in Monte-Carlo, the legendary district of the Principality, in record time.

Having left your "Steed" at the Monte-Carlo station, you can wander around the famous Carré d'Or, or do some shopping in the new "One Monte-Carlo" district – a short walk from the Casino – before exploring the Jardin de la Petite Afrique home to amazing tropical species.

It's here that the Heritage Tree Trail begins, a trail which allows you to stroll through the various gardens of Monaco and explore its Natural Heritage. For example, Wollemi's Pine, a plant identified very recently (1994), north of Sydney in Australia, in a canyon, the precise location of the discovery has been kept secret to preserve the species. Somewhat fewer than one hundred trees are known to exist in the world.

12.30 pm

The Marché de la Condamine is located at Place d'Armes, at the foot of the Rocher.

It's the ideal place to enjoy the Monegasque culinary specialties, like the Barbagiuàn (a fried ravioli made with chard or marrow) and get a taste of local life.

More and more restaurants are committing themselves to a responsible approach and here you will find establishments labelled "Restaurant Engagé." This indicates that they are working on a daily basis to reduce and sort waste, fighting food waste, single-use articles, supporting local initiatives, reducing energy and water consumption, and raising their customers' awareness on all these pressing issues.



2.30 pm

Direction Monaco-Ville!

With its medieval alleyways, the old town, located on the Rocher, houses the headquarters of the Government, the Palais de Justice, the Conseil National as well as the Palais Princier, the Cathédrale, la Chapelle de la Miséricorde and the Oceanographic Museum.

Built on the side of the Rocher de Monaco, the Oceanographic Museum, established by Prince Albert I, has been watching over the oceans for more than a century. With an internationally acknowledged expertise, the Museum has more than 6000 specimens on display, from sharks to seahorses via piranhas and clownfish, etc.

Since its inauguration in 1910, this Temple to the Sea, has established itself as a benchmark at international level for informing about, loving and protecting the oceans.

It is made up of a treatment clinic and a convalescent pool. There you can look after injured turtles in trouble, all the while making these marine animals ambassadors to the public for their species. The pool, located in the open air, is part of the Museum tour. Throughout the year events are on offer to children of all ages.

4.30 pm

The Jardins Saint Martin nestled between the Oceanographic Museum and the Cathédrale.

These were the first public gardens in Monaco created at the behest of Prince Honoré, who had decided, after a famine, to give employment to the people of Monaco by suggesting that they create gardens.

Like all the other public green spaces of Monaco, they are maintained organically and have the ECOCERT label. You will identify several heritage trees thanks to the panels or the Trail brochure.

Since 2019, a new trail has seen the light of day in the Jardins St Martin: "The Biodiversity Trail." This zone is indeed very rich and the trail will allow you to explore lesser known spaces in the garden via paths which were formerly closed to the public. From the "Prairie Fleurie" to the insect hotel, the trail allows you to stroll and pass in front of the entrance to the caves (closed for safety reasons) which housed the first prehistoric people of Monaco and nowadays bats and seismic equipment.



At the foot of the cliff, you might be lucky to see cormorants fishing or basking in the sun or the pair of peregrine falcons that call these cliffs home, visible mainly in the cove of Fontvieille.

If you're looking for healthy, balanced and authentic flavours, the Mediterranean cuisine with Tuscan influences of the Elsa restaurant is made for you. With its stunning view of the sea.

Monte-Carlo Beach is located near Monte-Carlo Bay and five minutes will suffice to get back to your hotel.

DAY 2

This second day goes under the banner of intermodal connections (using several modes of green transport). Green transport is extremely well-developed in Monaco. With your Monaco Malin guide, you can get from point A to point B using only green transport at the shortest possible journey times and getting around like locals!

9 am

To start the day, head to the Larvotto beach located a short walk from Monte-Carlo Bay.

More than just a beach, the Larvotto zone is a protected marine reserve particularly for its *Posidonia seagrass* bed. So, if you go for a swim, particularly in the morning, you'll be swimming among the rich fish fauna!

After your walk or swim you can head, still on foot, to the Japanese Garden.

This garden, created in 1994, at the behest of Prince Rainier III, in accordance with the strictest principles of the concepts of Zen thought by landscape architect Yasuo BEPPU (Grand Prix of the Osaka Floral Exhibition 1990), offers an exotic voyage to the land of the rising sun, at the very heart of the Principality. Managed by the Direction de l'Aménagement Urbain, the garden has an eco-label and uses only organic processes.

When you leave the Jardin Japonais, take the famous Grand Prix tunnel to go to Port Hercule. Right below the Fairmont and alongside the famous tunnel, is the principality's second



protected marine area: the zone known as the Tombant des Spélugues, exhibits a corraligenous cliff rich in *Mediterranean red coral*.

11.30 am

By the beautiful Yacht Club building, find and use the water-bus to cross the harbour! The water-bus is equipped with two electric engines powered by batteries and 14 monocrystal solar panels which in summer supply 15W/day.

In a few minutes, you will arrive at Quai Antoine 1er, the chance for a walk on the floating pier and the Solarium offering views over Monaco and Italy in the distance.

12.00 pm

An American-style sports bar and family restaurant, Stars'N'Bars, has always been sensitive to environmental issues. The restaurant's dishes are "home-made" using ingredients from organic agriculture and the menu is displayed on a digital tablet to avoid the use of paper.

Stars'N'Bars is Mr Goodfish certified (a European programme aiming to raise awareness of sustainable consumption of sea produce), and fights food waste by offering "doggy bags."

3 pm

The parc paysager de Fontvieille surrounds the Monte Carlo Circus venue and offers the neighbourhood an urban landscape park much appreciated by families.

Mediterranean species such as olive trees, pines and cypress rub shoulders with many heritage trees (for example the lovely Erythrina, "the coral tree," so-called because of its red flowers).

Winding paths cross the park guide walkers along a trail of botanical discoveries as well as culture with many works of art.

Thus you can discover, at the turn of a path, an educational vegetable garden, the *Smart flower* (an intelligent photovoltaic generator made up of 12 petals which work like a sunflower – it opens and closes depending on the sun – and supplies the energy for the park's lighting) as well as a children's play area.

The park includes a landscaped pond where many species cohabitate, like free-roaming ducks and geese as well as carps of all sizes which can be glimpsed from the banks of the pond or the wooden footbridge.



At the turn of the footpath, you will enjoy the beautiful Princess Grace Rose Garden, created by Prince Rainier III in tribute to his wife, Princess Grace of Monaco.

The 5,000 m² of this rose garden (with the Ecocert EVE label for good ecological practice), houses more than 315 varieties of roses representing 6,000 rose plants, divided into seven themes.

Afterwork and Dinner

You can begin the evening at the Brasserie de Monaco to enjoy a beer brewed on-site using organic malt and take the time to walk along Port Hercule to explore *Monaco By Night!*

To get back to your hotel, several solutions are available to you: the CAM bus, Monabike bikes, or why not try Mobee? This is the service of shared electric vehicles in the Principality, based on the principle of free-floating. The fleet is made up of Twizzys and Peugeot e-208s. An easy, quick and ecologically friendly way of getting back to your hotel to enjoy the cuisine of its Chef, Marcel Ravin, a Mediterranean cuisine mixed with Caribbean flavours produced responsibly, with vegetables from the garden located in the hotel.



FAQ

■ How does the Principality ensure that it welcomes visitors under the best conditions?

To continue welcoming visitors from all around the world under optimal conditions, while retaining the spirit of its core values, Monaco Government launched the "Monaco Safe Label". It is a label certifying that an establishment has fully complied with all of the essential health and safety criteria down by the Monegasque Government to combat the spread of the COVID-19 virus and protect the health and wellbeing of residents, workers, customers and visitors. All visitors can therefore explore the Principality while enjoying both safety and peace of mind. In the midst of a period where the attention paid to tourists is more than paramount and where resilience is the order of the day, Monaco send a reassuring and caring message while also strengthening the Principality's image and reputation as one of the safest place to visit and stay in.

For further information, please click on the following links:

- Official Link of the Government of Monaco: <https://covid19.mc/en/>
- Certified Monaco Safe companies: <https://en.service-public-entreprises.gouv.mc/Covid-19/MonacoSafe-Certification>
- Monaco Safe Video Link: <https://www.youtube.com/watch?v=nPBI73rdhGw>
- Links to health measures taken by Monaco hotels:
 - Monte-Carlo SBM (Hôtel de Paris Monte-Carlo, Hôtel Hermitage Monte-Carlo, Monte-Carlo Bay Hotel & Resort, Monte-Carlo Beach, Casinos de Monte-Carlo) : <https://www.montecarlosbm.com/en/travel-information>
 - Métropole Monte-Carlo: https://metropole.com/wp-content/uploads/2020/11/Health_Protection_Measures_HotelMetropoleMC.pdf
 - Fairmont Monte-Carlo & Novotel Monte-Carlo: <https://all.accor.com/event/information.en.shtml>
 - Meriden Beach Plaza: <https://clean.marriott.com/#flexiblecancellation>
 - Columbus Monte-Carlo: <https://www.columbushotels.com/fr/presentation/info-faq-covid/>



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